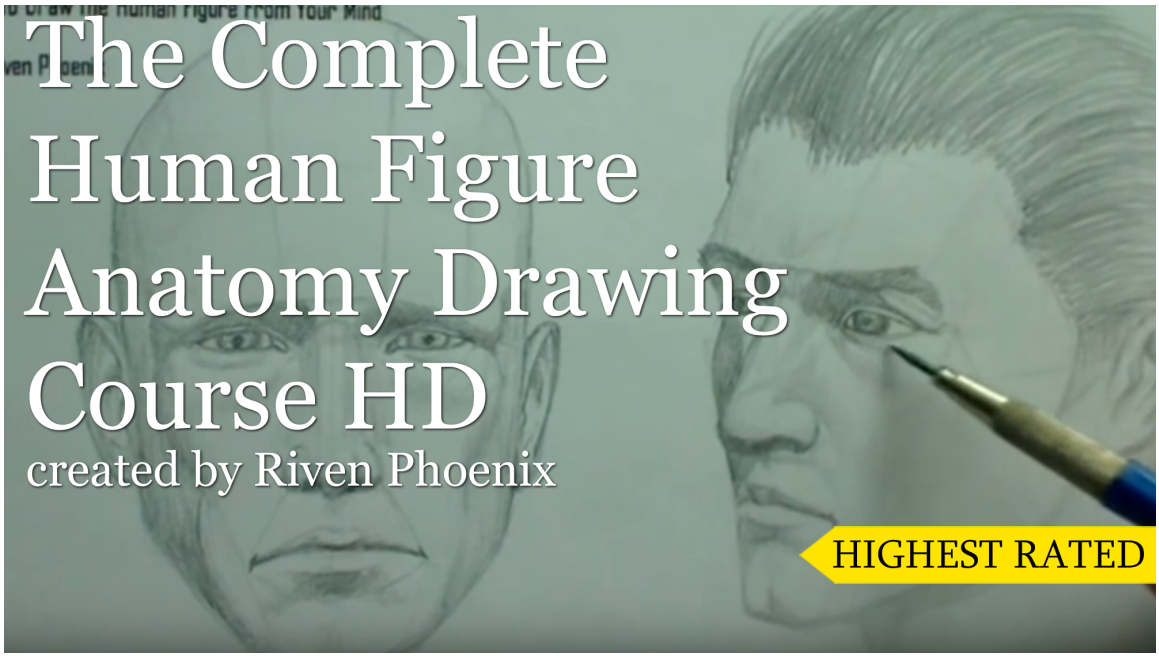

The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

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Figure Drawing Lesson 043 - Fitting the Pelvis on to Chest Cavity - Side & Back View

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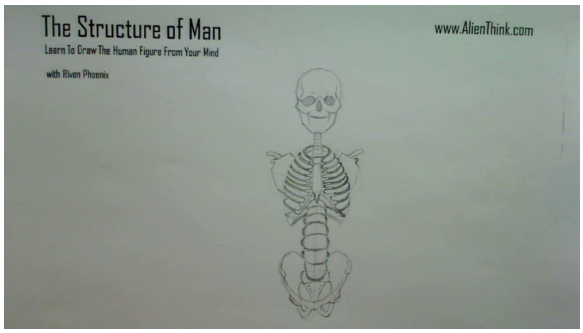
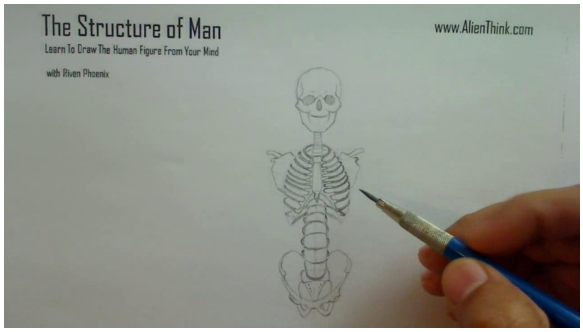
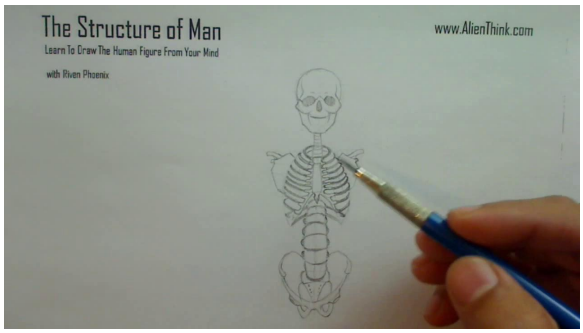
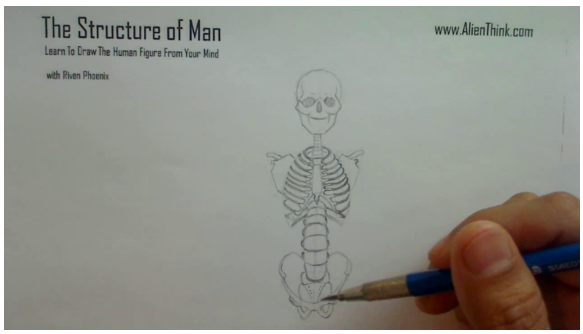
1		Hey guys, my name is Riven Phoenix and welcome to the structure of a man learned to draw
2		the human figure from your mind training course.
3		Okay, so in the previous lesson, we had understood how we could very easily draw the pelvis
4		and be able to fit it on the skeletal structure here.

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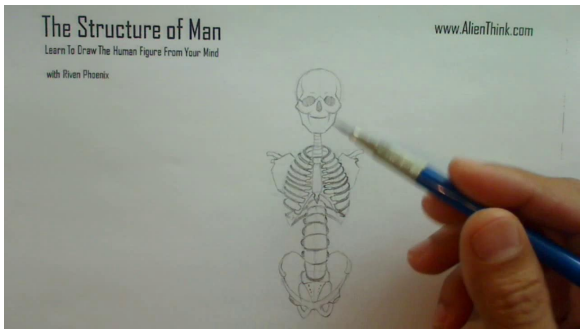
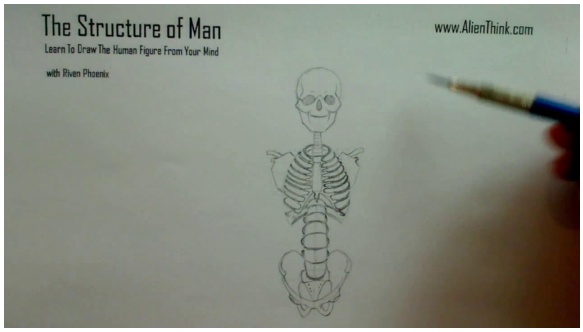
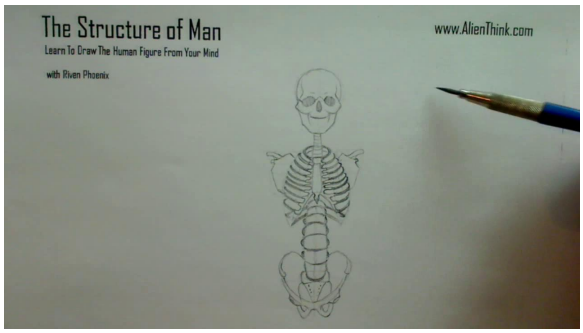
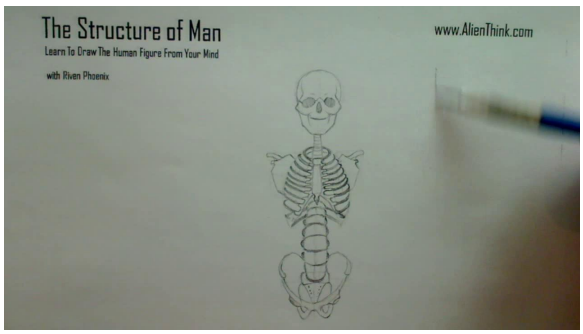
5		So now we're going to take a look at how to do this from the back.
6		Okay, so from the back view, here we're just going to start out.
7		Now we're just laying out the drawing once again.
8		So I'm just going to draw out this line here first.

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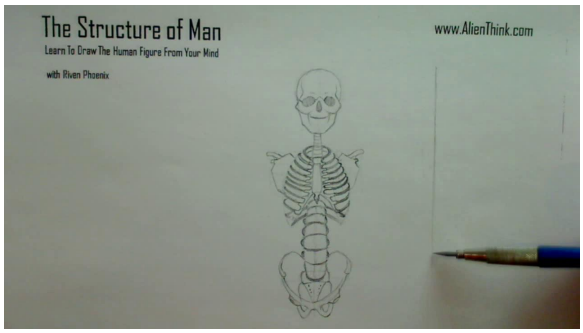
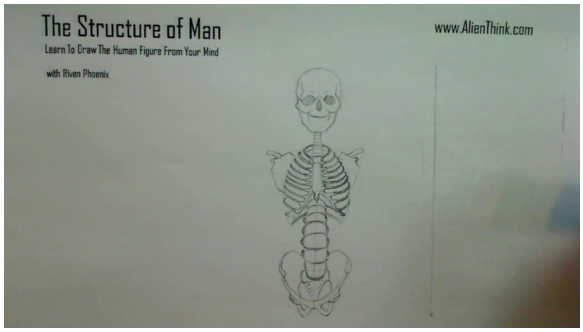
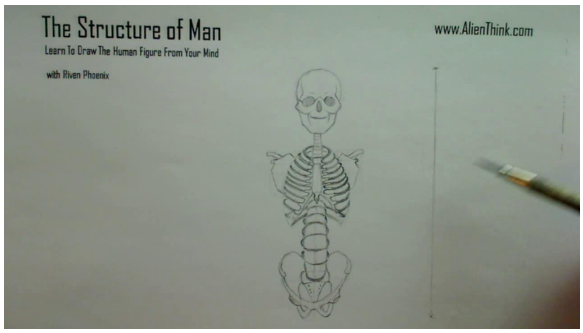
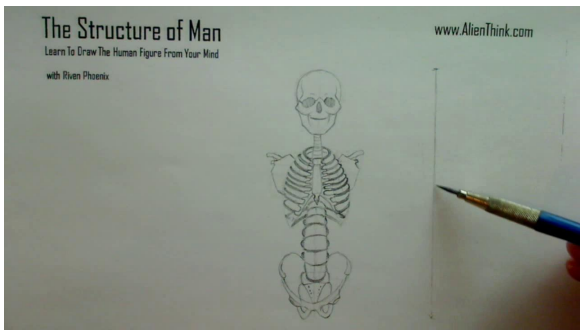
9		And here we can pretty much do the same thing.
10		So this is going to be a little, probably a little bigger than the one on the right.
11		So once I have this line, again, you'll see that the concept of speaking it out in sentences
12		is always going to be the same, right?

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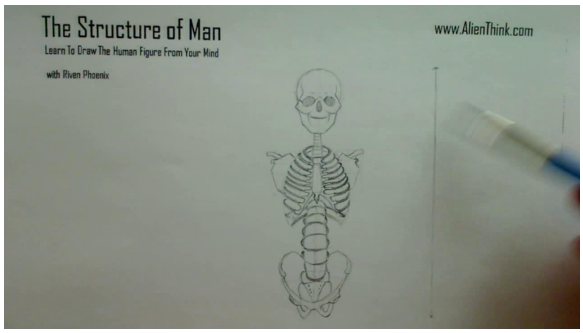
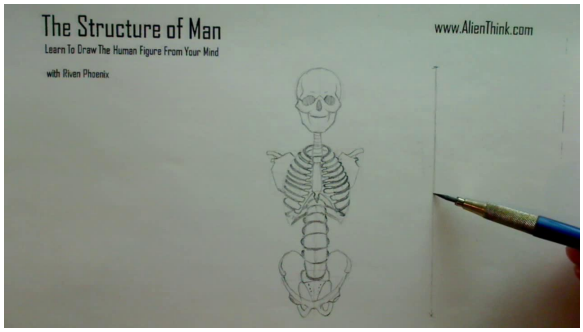
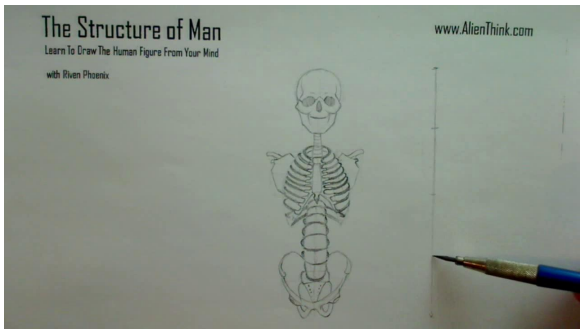
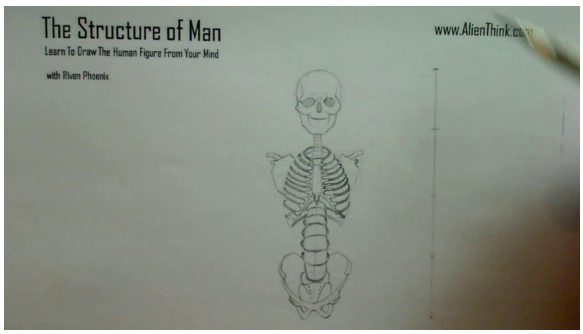
13		So when you're drawing it, this is going to happen to automatically.
14		So we know that this is the bottom of the chest cavity and we know that this is the bottom of the chin area.
15		And this is the navel.
16		So once we have this down, here I'm just going to now conceptually sketch out the back view here.

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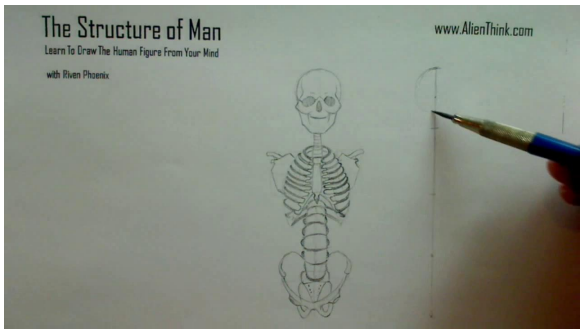
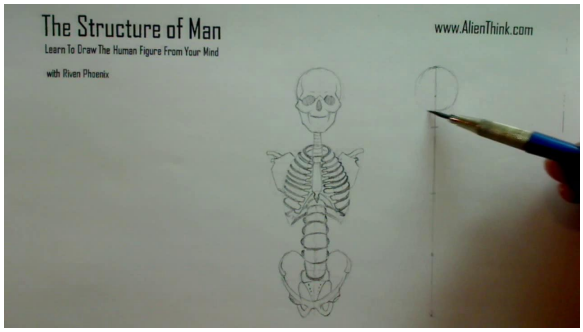
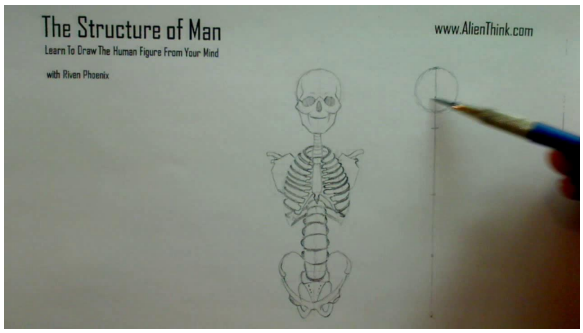
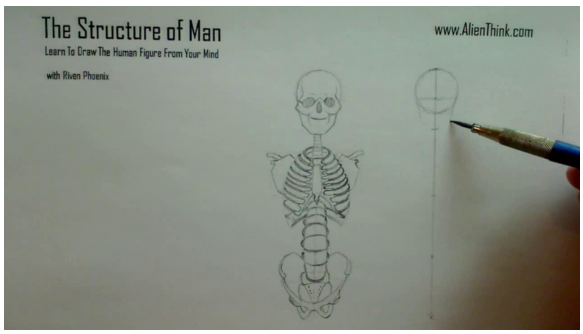
17		Just the same thing that we did before.
18		Over here, once I get pretty much around, good round circle here.
19		I know I'm good to go and here I'm just going to do the same thing over here, right?
20		So when it comes over here, I'm always going to just make sure for myself that I'm pretty much getting the angle

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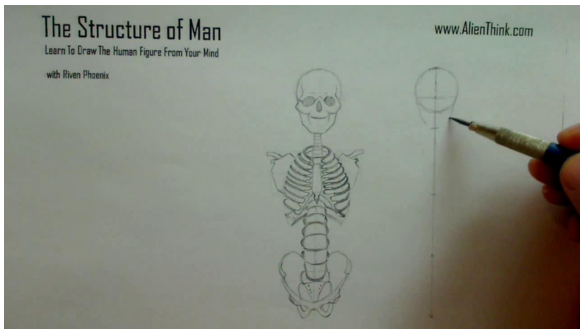
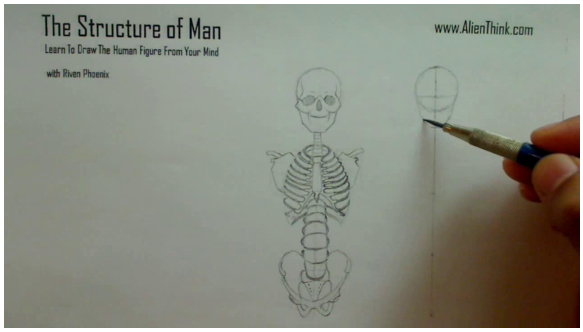
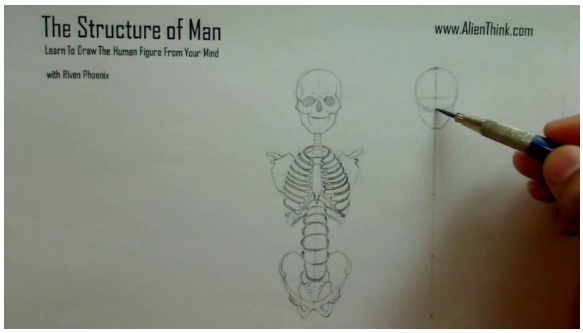
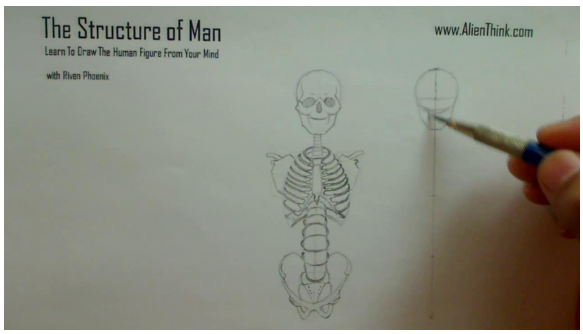
21		the way it's supposed to be, right, for the jaw line over here, right?
22		Conceptually, that's really, and really not much is going to be going on here in the back.
23		So here I'm just going to cut it up a little bit.
24		I know that this is really just going to be the jaw line over there and the teeth line is going to be here, right?

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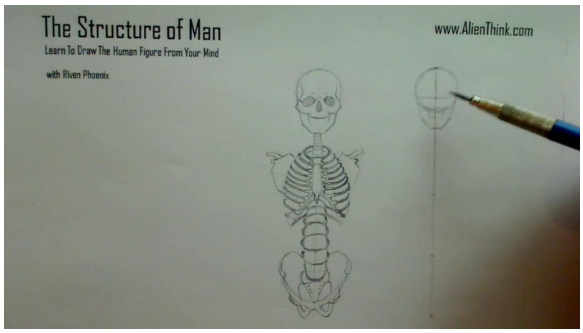
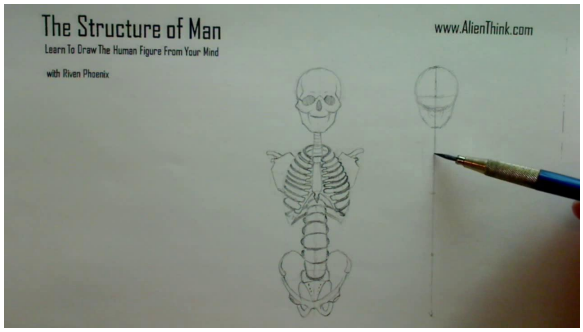
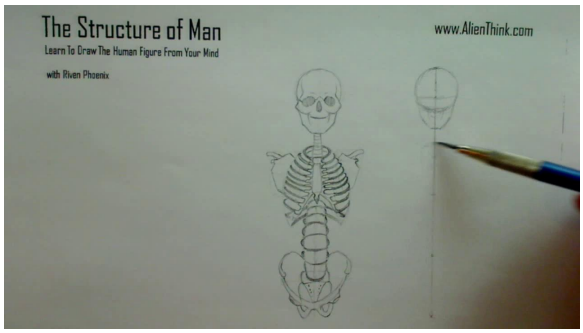
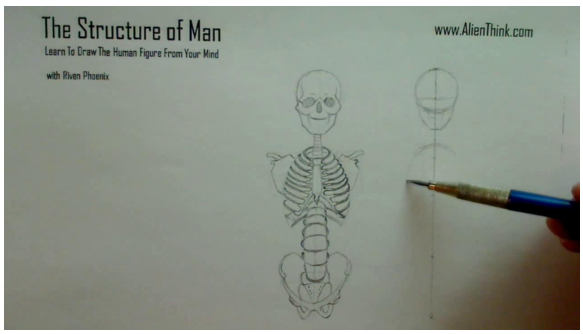
25		So we can shape that in later.
26		And over here, we know that the clavicle is on the other side.
27		We're going to get the chest cavity just like this.
28		So now here you'll see that I usually just been doing this and then this now let's stop doing that.

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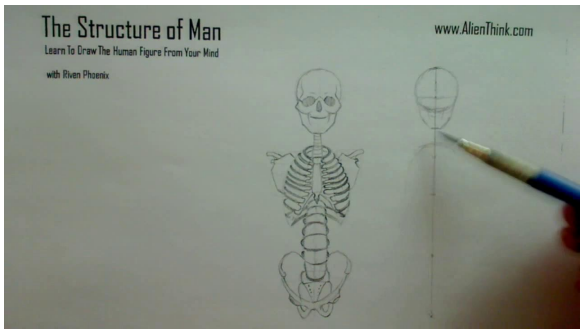
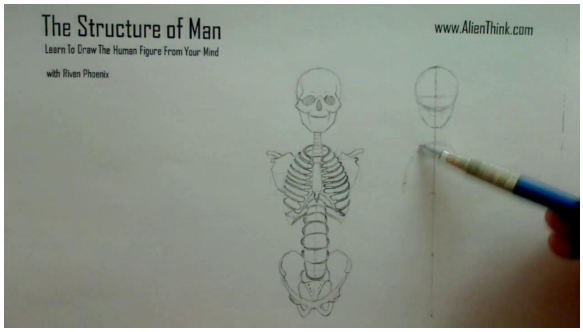
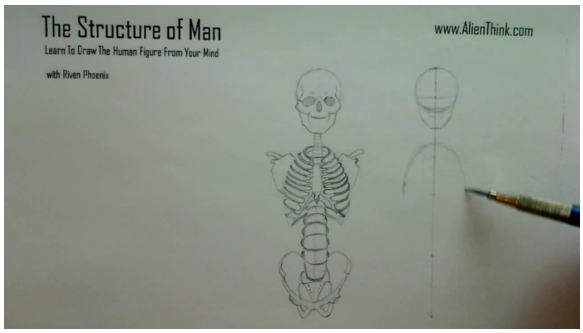
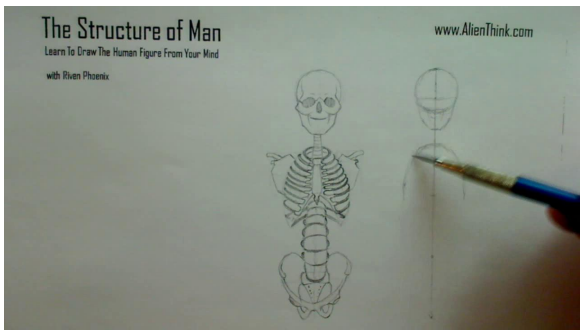
29		Let's just draw it out and then visually just look.
30		Well, yeah, I think the chest cavity is going to be just about here, right?
31		Just approximate everything and just look where you are because there really is no reason to now keep checking.
32		Because we've solved that problem in the mind now, right?

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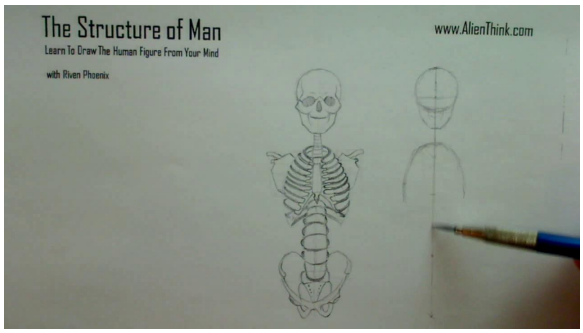
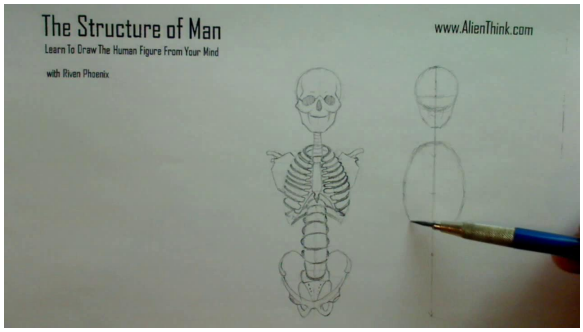
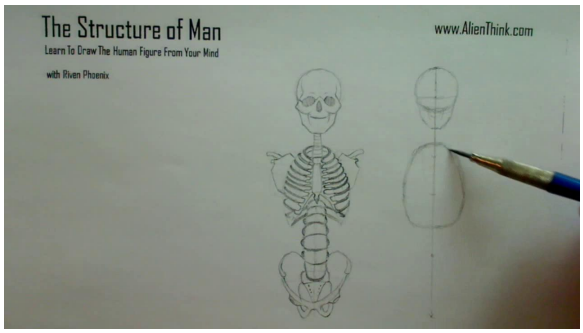
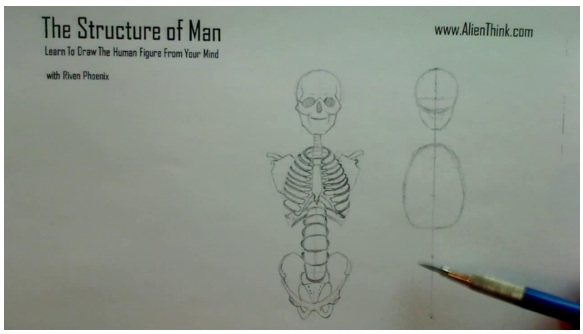
33		So even over here when we come down, we can just come out, come down this way and know that we're going to be very approximate in drawing, right?
34		Because we want to slowly elevate the mind to start to understand these concepts as being able to just draw it out as actual forms, right?
35		And the only way this is going to happen is we have to take those steps and drawing.
36		So here for the pelvis area, you can just draw out a little bit of the line here knowing that it's really going to be here.

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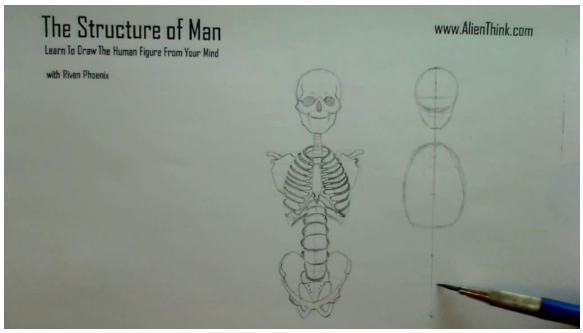
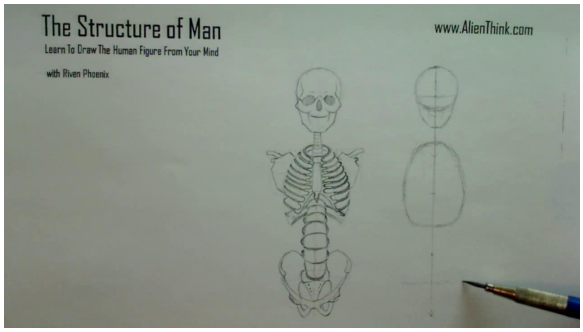
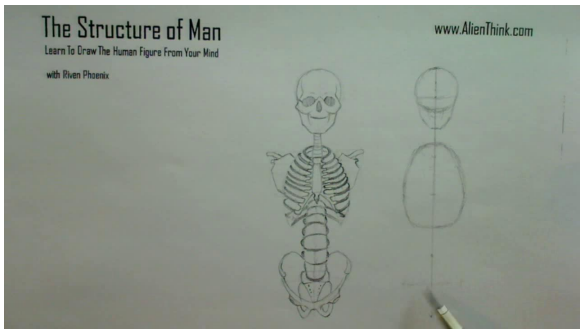
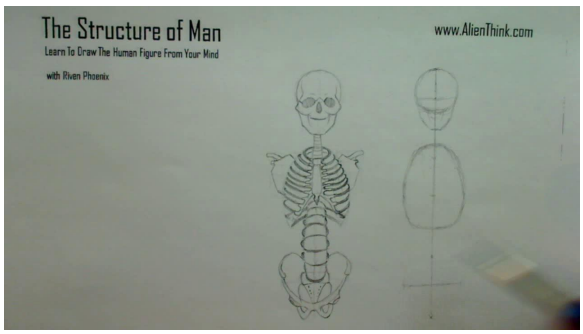
37		Over here like this, right?
38		Just make sure you got that right.
39		That here actually drew a line. I'll just draw it out a little more so you can see it.
40		Okay, so once I have this here, I know that, okay, well, it's really the same thing as before.

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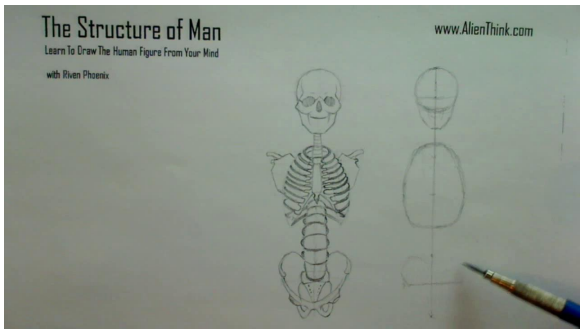
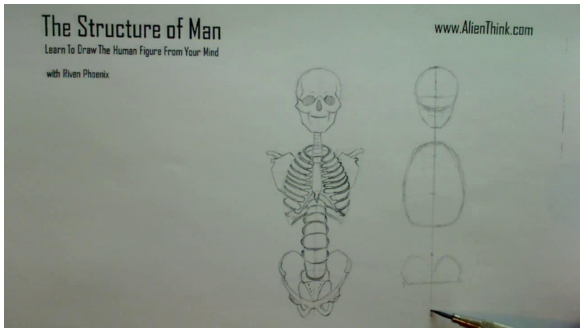
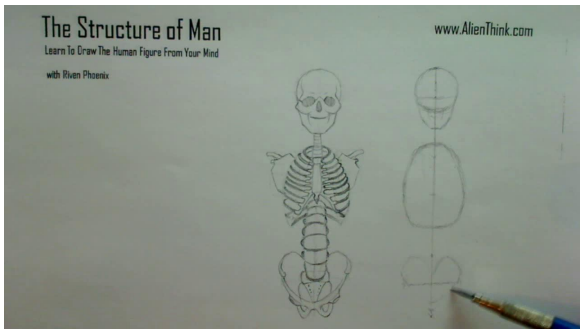
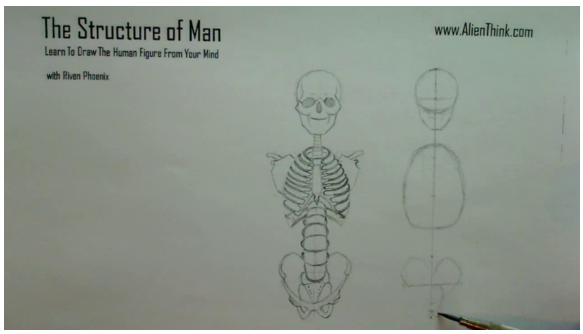
41		I'm just going to draw it out like this conceptually, just get it down onto paper.
42		And over here, I already know that I'm supposed to come up over here, right?
43		So this area here, this is the guy that's going to go down automatically over here like this, right?
44		And you're going to get that bone structure over here.

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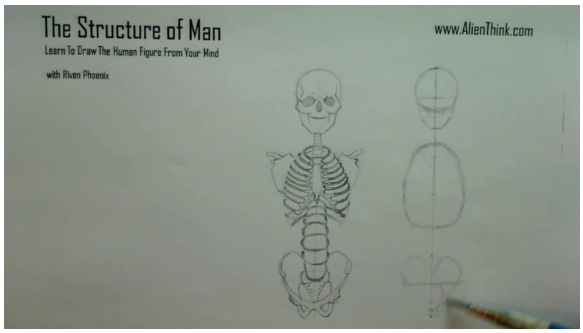
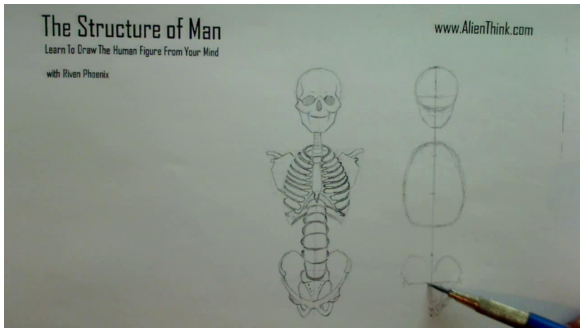
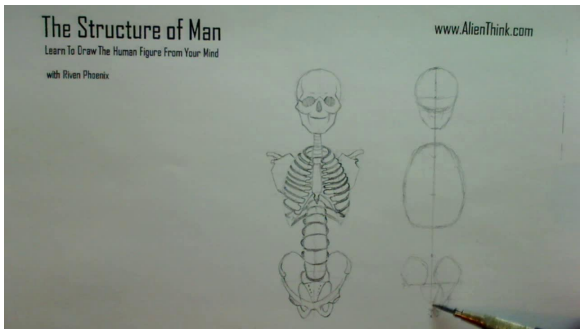
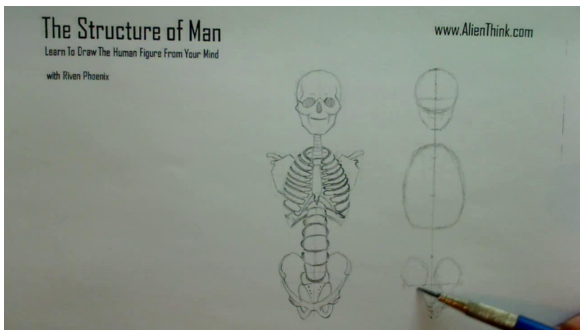
45		Basically, it just works itself out to how big this is going to be, right?
46		And you know that over here, we're supposed to come over here and do it this way because the sacrament is just going to be here.
47		And this is going to be more on a curve in that area, right?
48		And it's the same thing on this side also, right?

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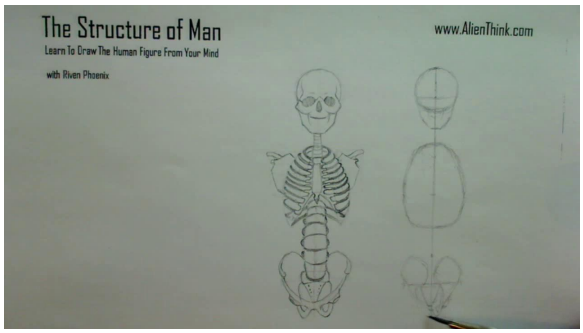
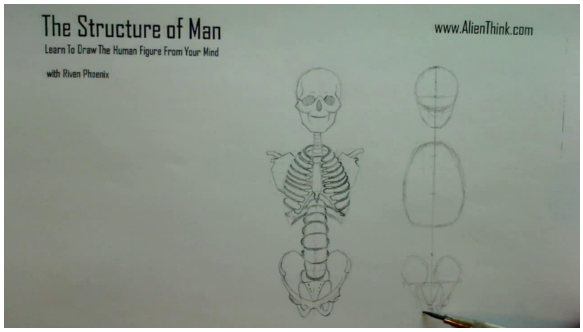
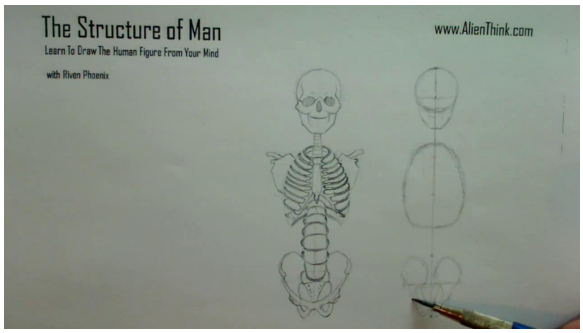
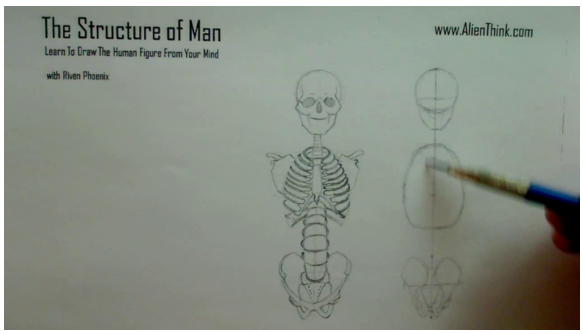
49		Okay, so here I'm just going to do the same thing.
50		I know that this is going to be a curve in that way.
51		Just get the basic idea down and here I've got it all down.
52		Now for the spine, here I'm just going to make it a little more just like this over here.

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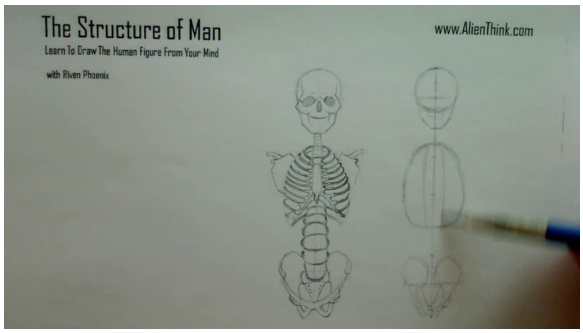
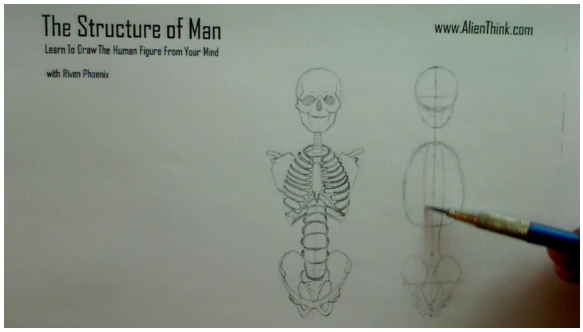
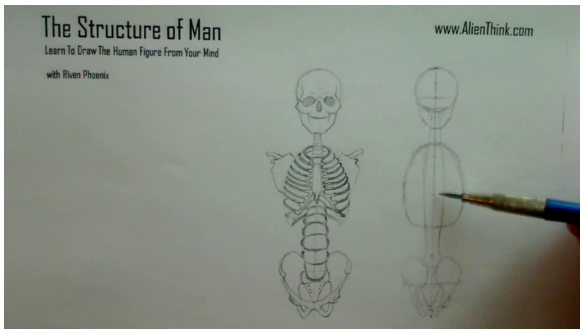
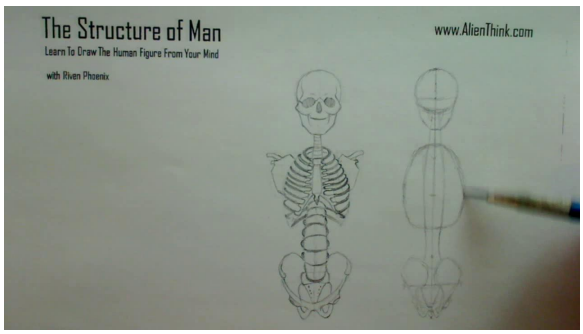
53		Come towards me and then it's going to really just go in the back like this, right?
54		Just like this over here and really just be done with that.
55		And now when we get to the scapula, we can now start to figure out, okay, how can we just draw it out?
56		We already said, well, you know that it's going to be here, right?

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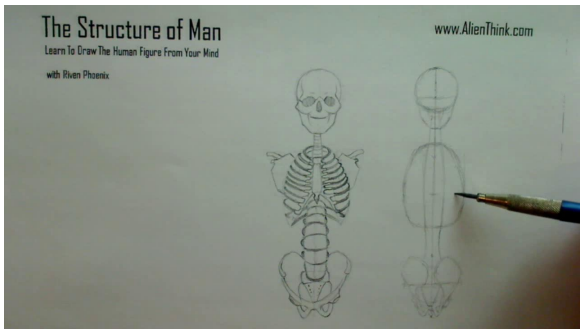
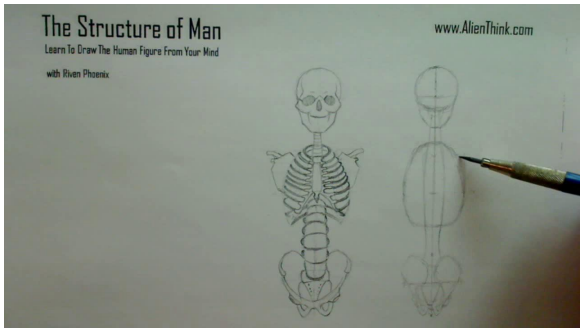
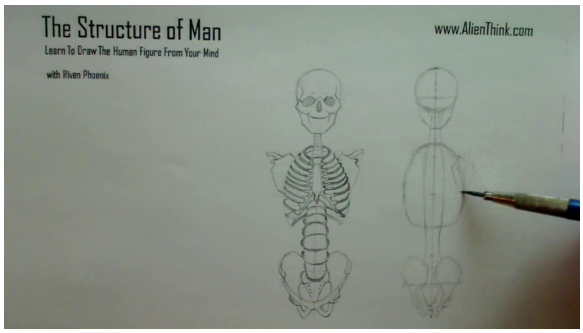
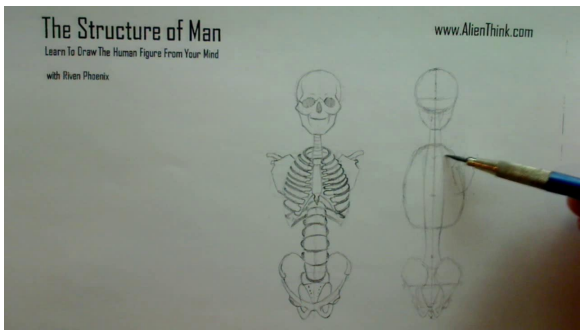
57		And you know it's going to be about here anyways.
58		So you can just look at this and just begin to do everything freehand now.
59		Right? It's just going to be like this anyways regardless, right?
60		Because it's going to go above in that direction over here, right?

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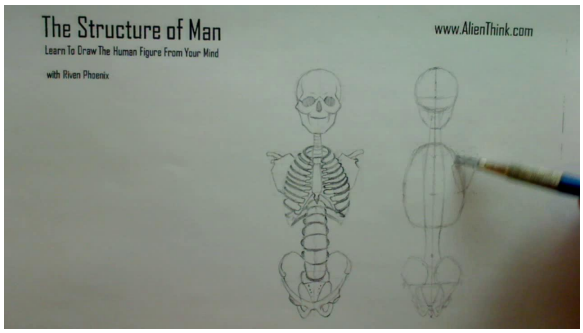
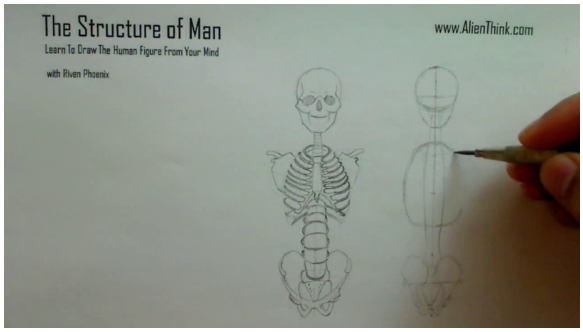
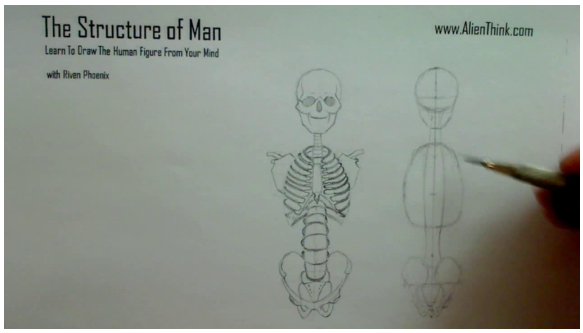
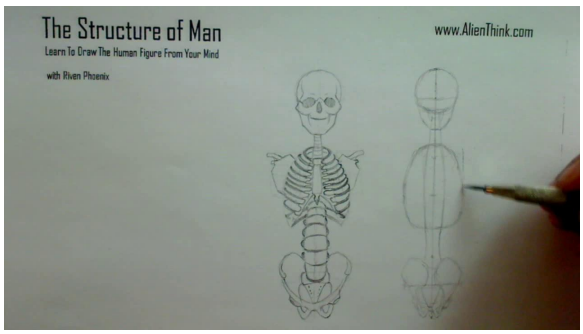
61		So in this section here, when I sketched it out here, I'm just going to clean up a little bit.
62		Let me make sure you see this, right?
63		So over here, I know that it's going to be here, right above here.
64		And then I know, right, it's just going to be like this.

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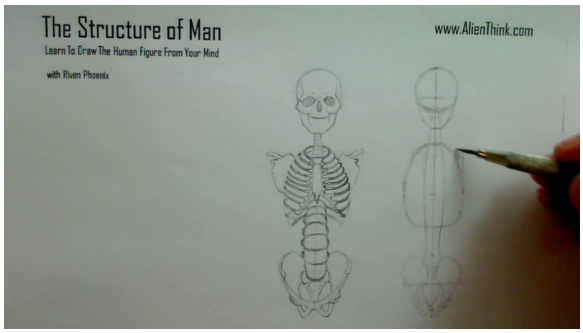
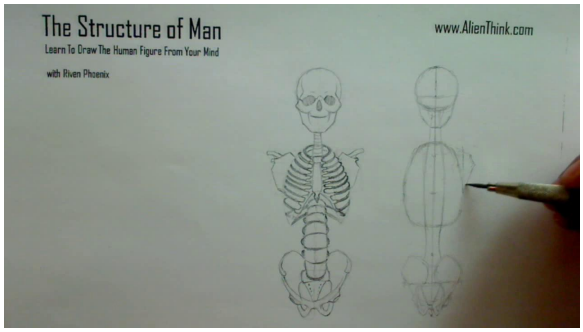
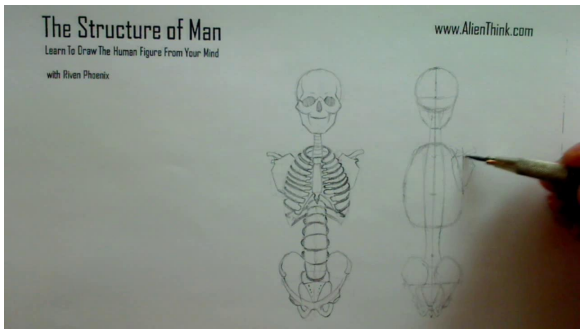
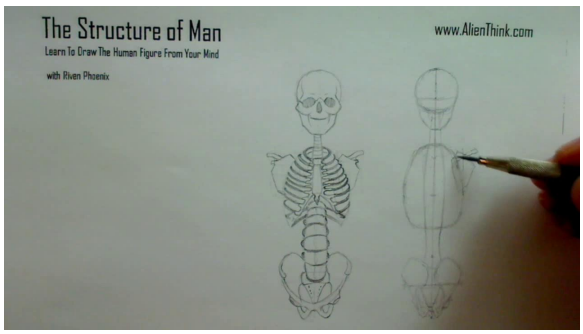
65		So it's going to be basically coming in this direction over here like this, right?
66		Now it's just all approximations of these concepts, right?
67		And this is just going to be here going in that direction, right?
68		And that's how easy it is, right?

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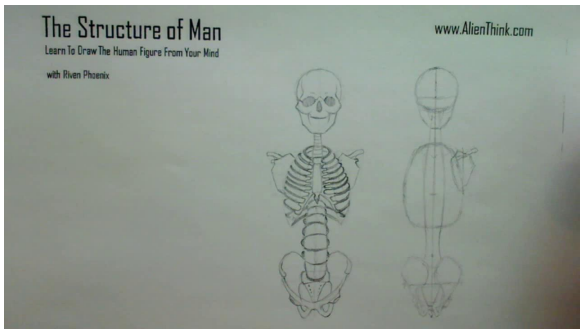
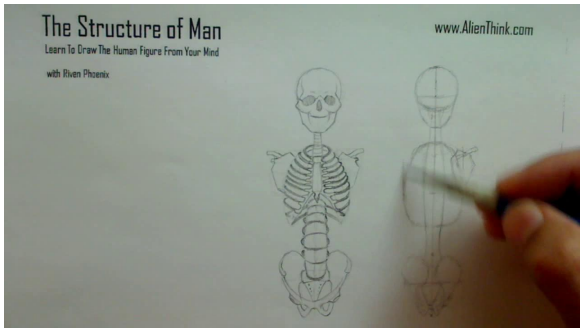
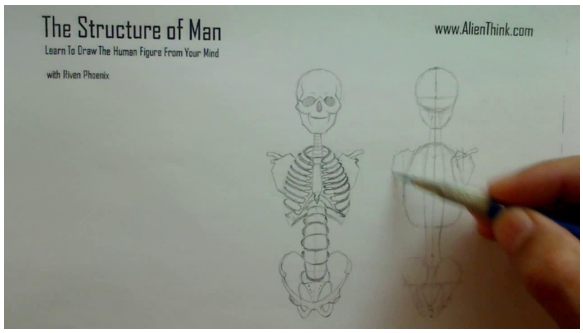
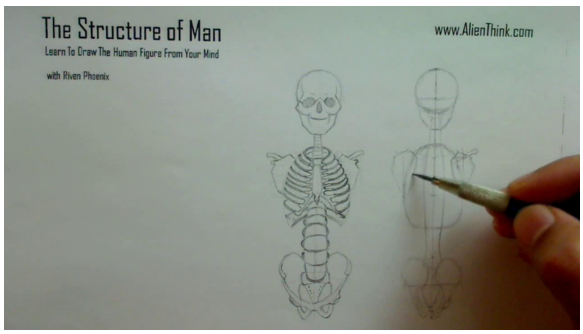
69		We don't have to use those formulas because now we understand what's going on,
70		how to do these designs, right?
71		And over here, I'm just going to do this over here like so.
72		And just do it this way and do the other one, right?

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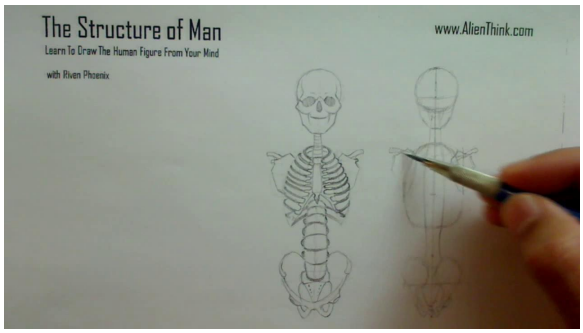
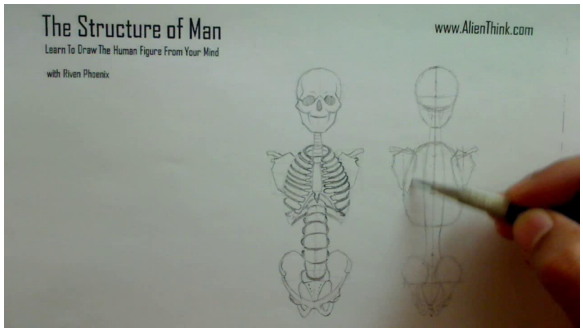
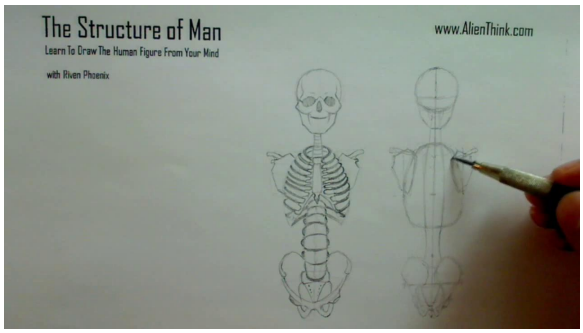
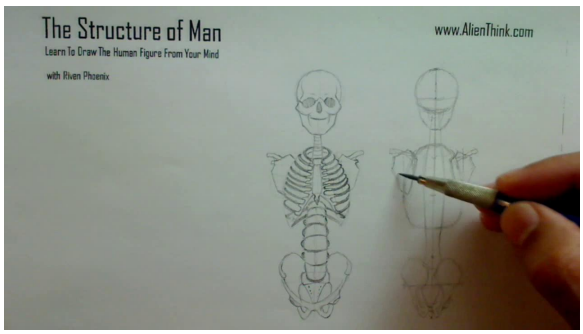
73		So I'm just going to fiddle it in really.
74		That's the concept of drawing this out and then you can back out and see,
75		okay, do these kind of look right the way I want them to,
76		I want them to match a little bit as close as possible when,

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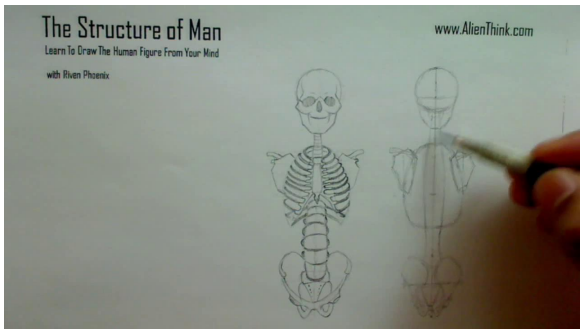
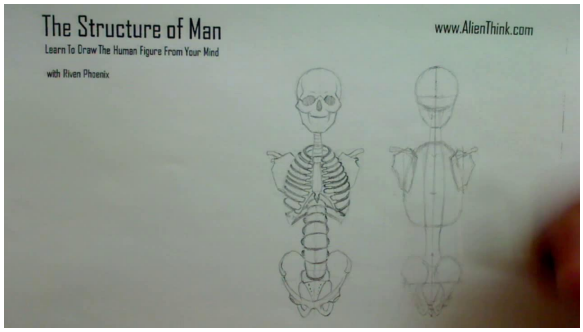
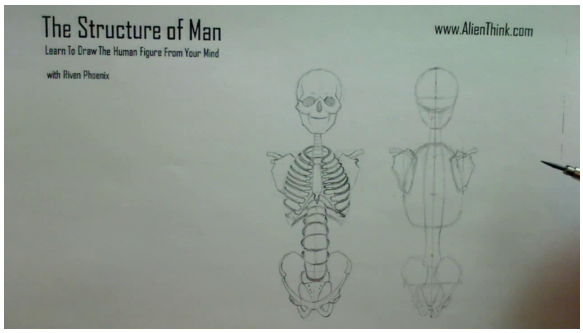
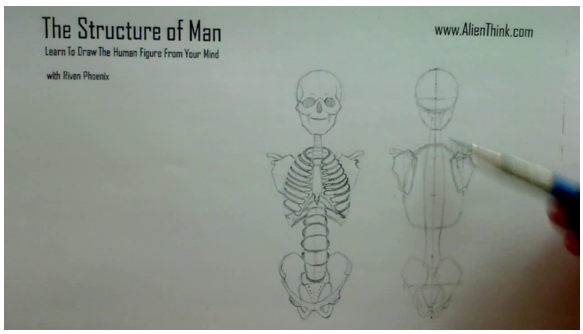
77		and stay away from making them schematic drawings, right?
78		We saw that how fast that was.
79		So since we're at this, right, you know what I'm going to do next, right?
80		We already know how to divide this.

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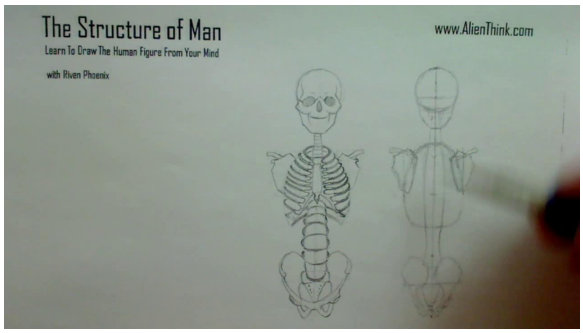
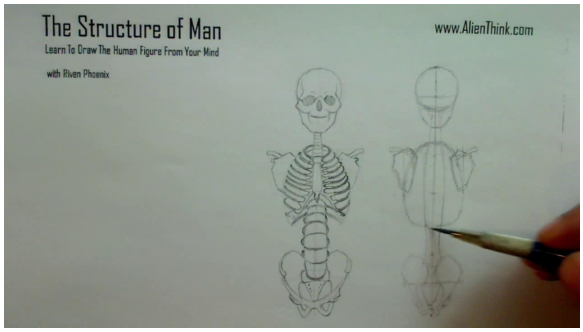
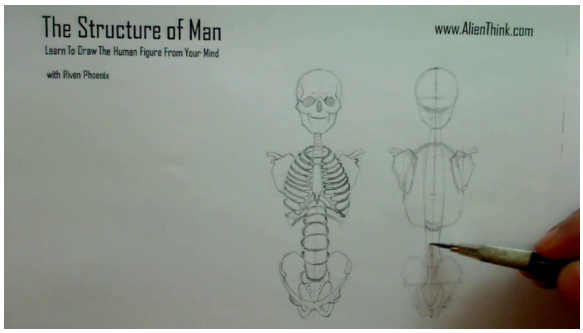
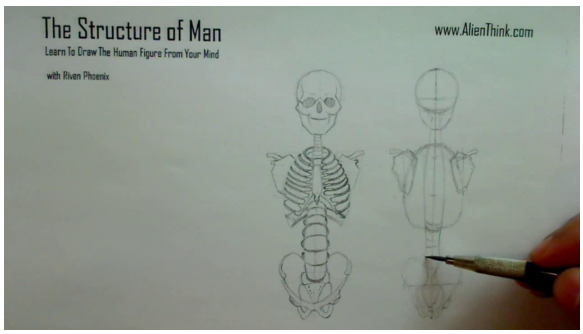
81		So we already know that, right, look, the fifth bone over here,
82		this is really just going to be the fifth one over here going in this direction.
83		And then over here, I'm just going to divide this like this over here
84		and this will give me like my fourth spine, right?

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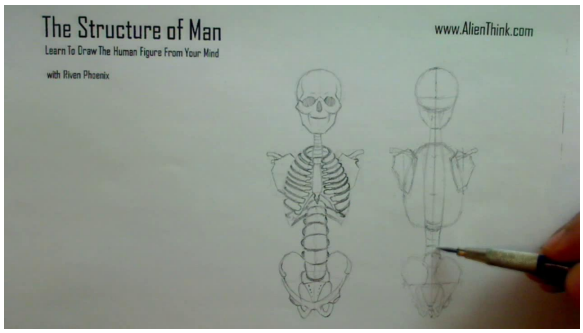
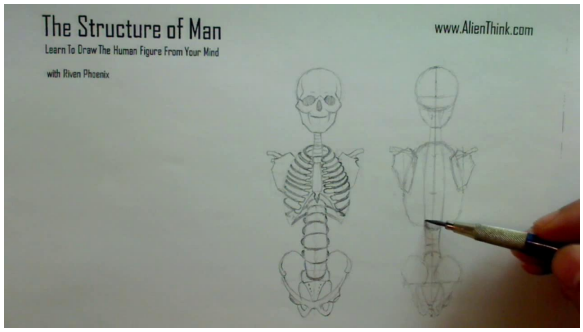
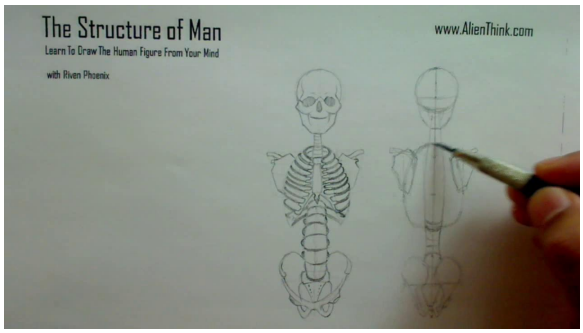
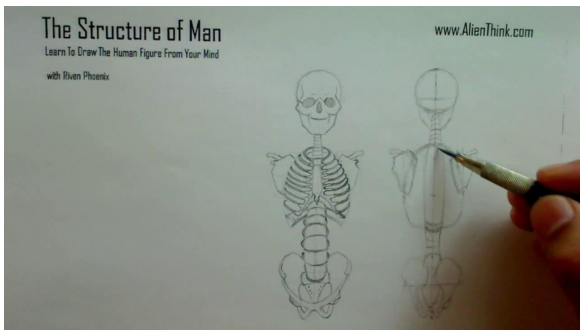
85		One, two, three, four.
86		And this is going to be my fifth one.
87		And over here, I'm just going to do one, one, two, three, four, five, six.
88		Okay, and the rest here is just going to be 11, right?

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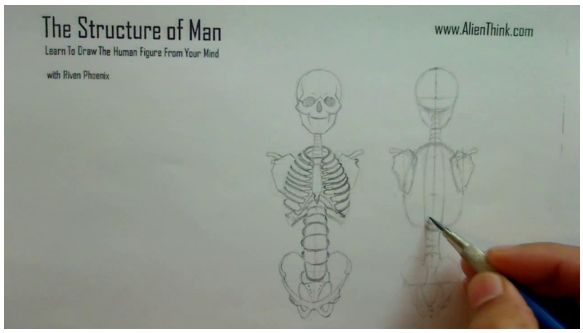
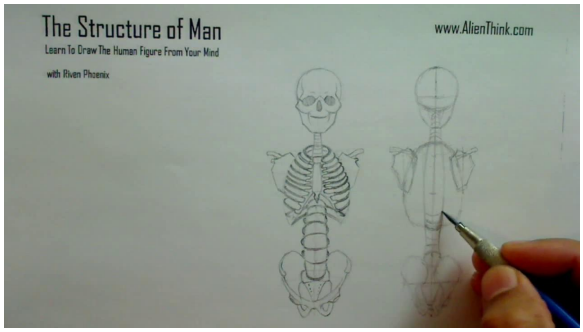
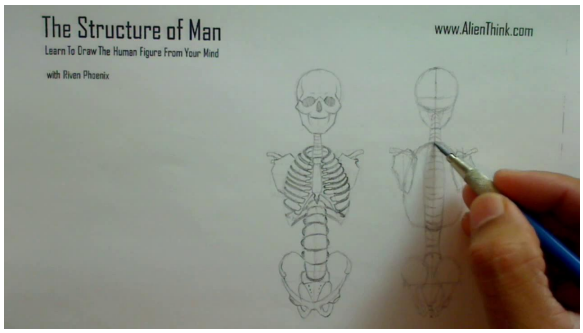
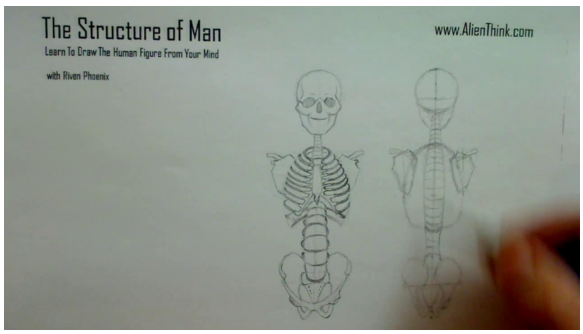
89		So we can just do this lightly because this is always like the tricky area to get in.
90		So there's going to be one, two, three, four, five, six, seven, eight, nine, ten, 11.
91		Okay, so we got that one right.
92		Okay, so this is done.

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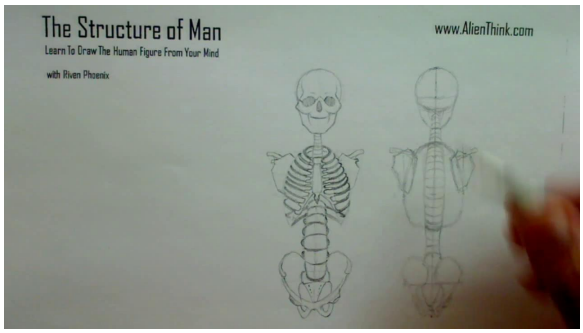
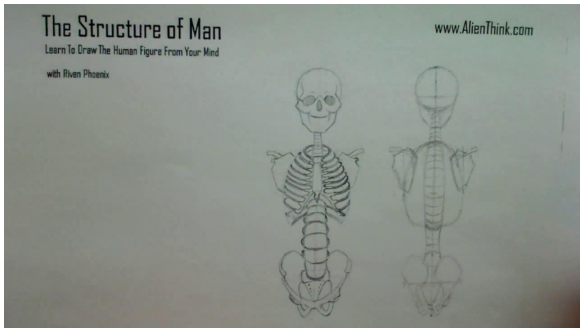
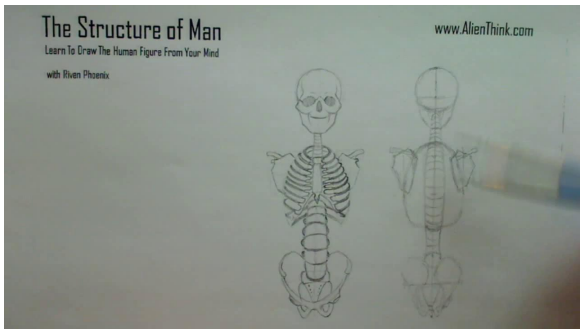
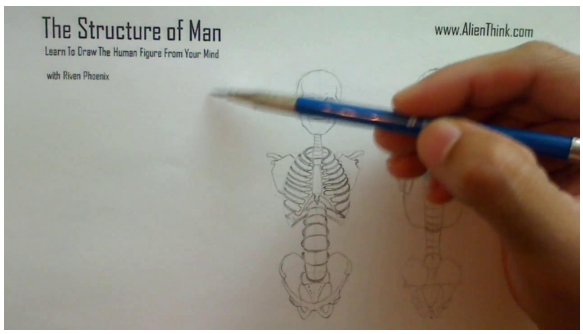
93		So now let's just do the side also.
94		Okay, so the side, right?
95		We know we can just clean this up anyways.
96		So for the side view, I'm just going to do it here for the side view.

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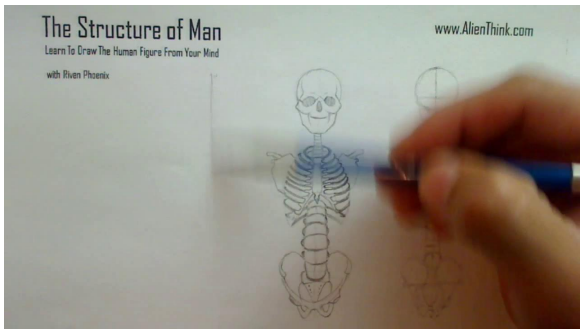
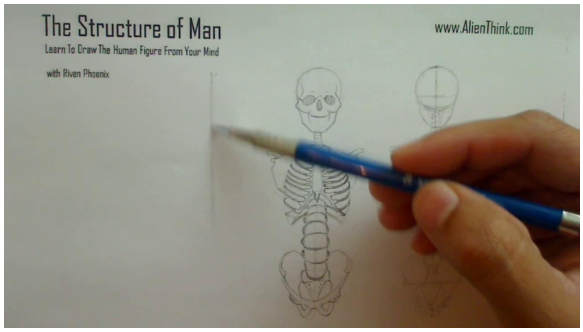
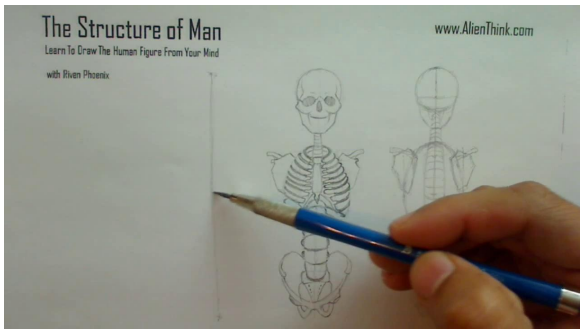
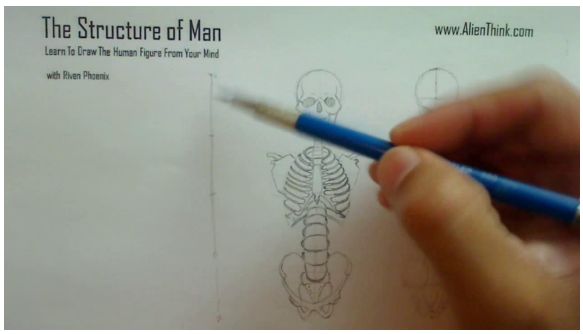
97		And let's look at how much freedom we're getting in our thinking now, right?
98		It's just about, now the mind's eye can see how the design is actually taking place, right?
99		This is, these are the same exact lines here again.
100		And over here, when we do it this way, we can now just be, right?

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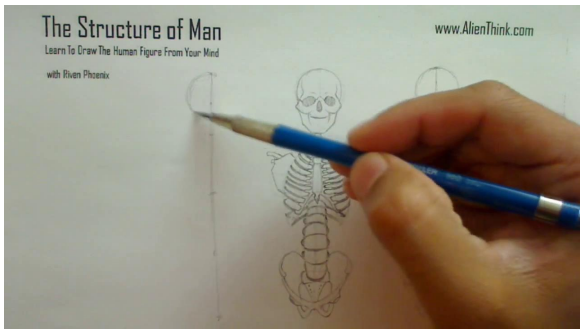
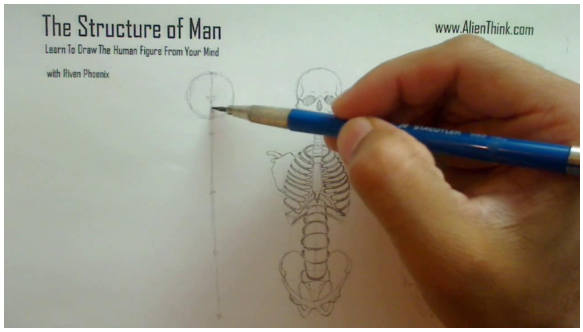
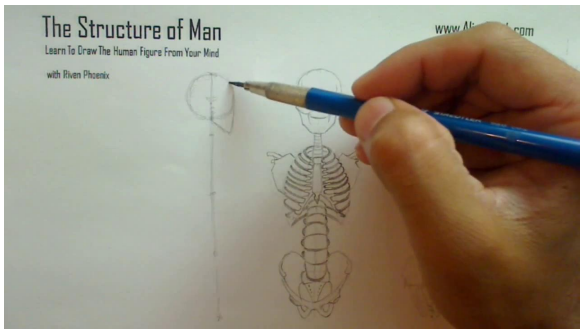
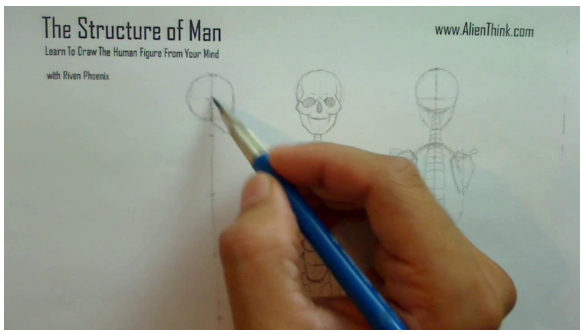
101		Now the thing is now when you're sketching out, don't try to, I guess, my recommendation is don't get so scribbly with your concepts, right?
102		Because that's where the whole problem would start because you want to draw out it, draw it out as a form, right?
103		We had discussed like that 3D cube, right?
104		So you're really drawing it out knowing what you're doing.

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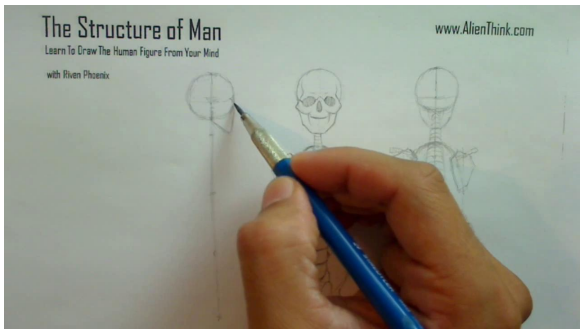
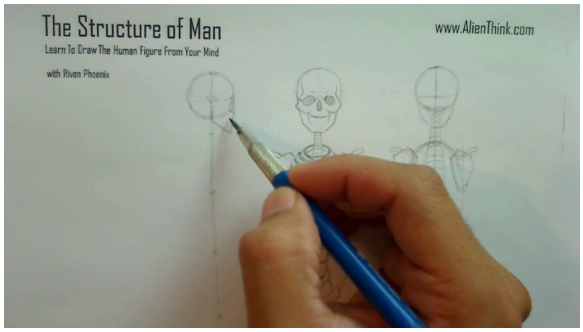
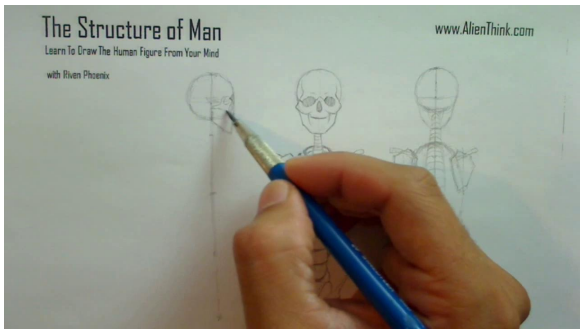
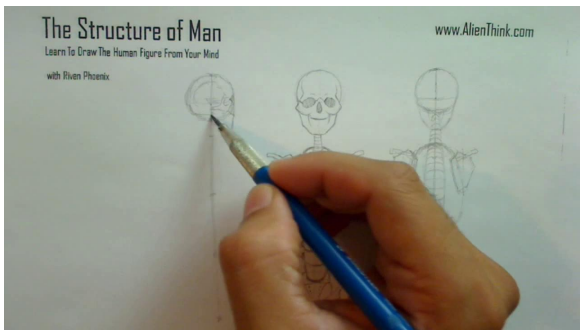
105		So there's really no reason to scribble like there's some kind of frustration happening.
106		You can just pull all this stuff out from your mind just like this over here.
107		This is the cheek in over here.
108		And we can just cut this up a little bit, right?

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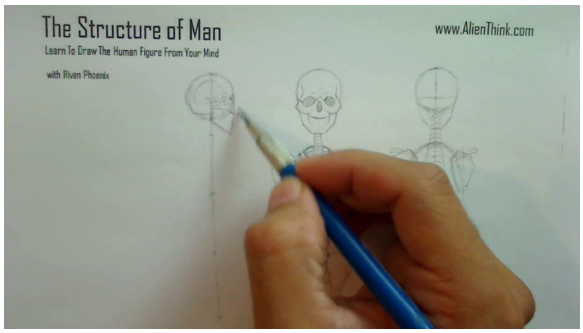
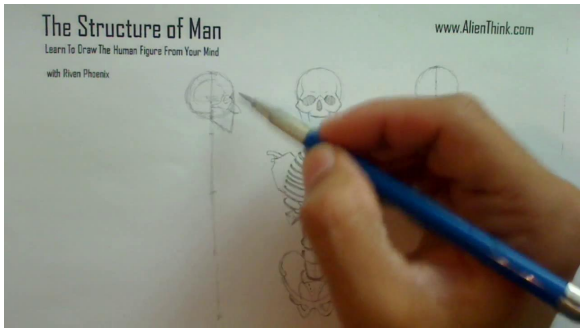
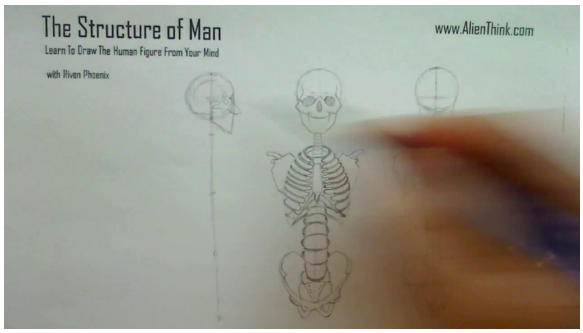
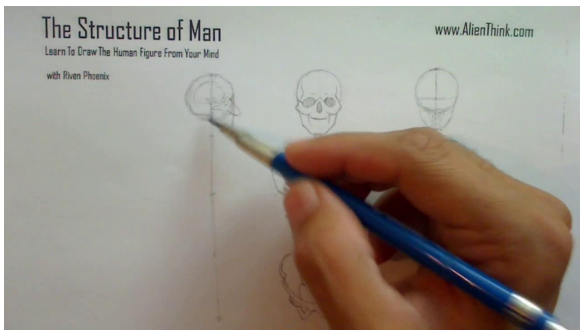
109		And this is going to be the nose, right?
110		So you'll see that this is still a good enough sketching style, right?
111		You can keep it as clean as you want, right?
112		But this helps to see how we can just get these ideas out and then come back with the eraser and just clean them up.

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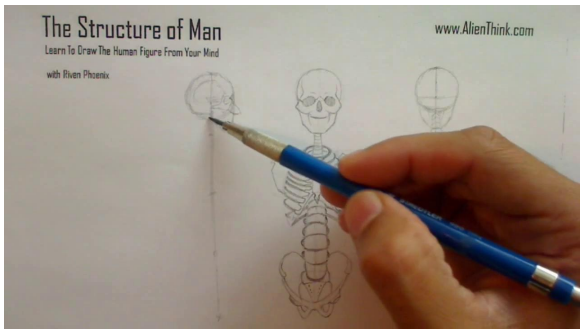
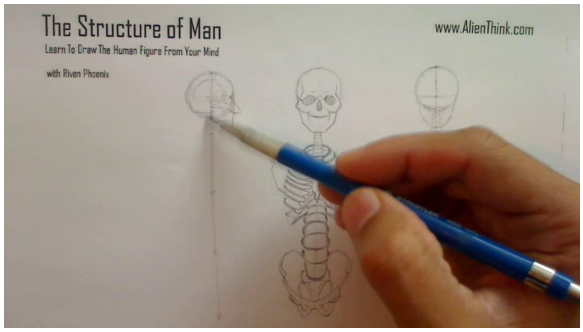
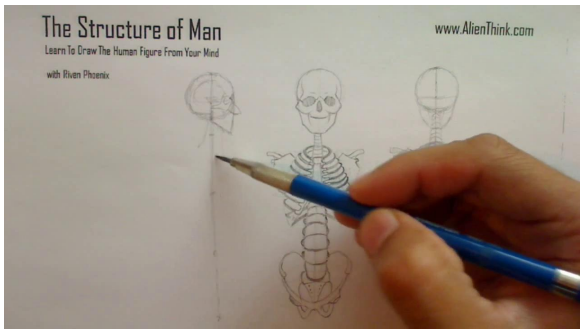
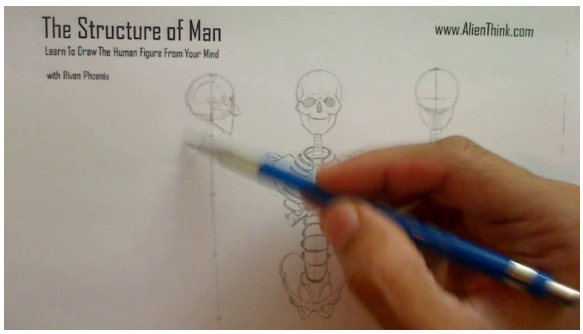
113		It's that easy, right?
114		And here's going to be this fine. We already know where this is, right?
115		We can just do it this way.
116		And here I'm just going to look over here and come back in this way, right?

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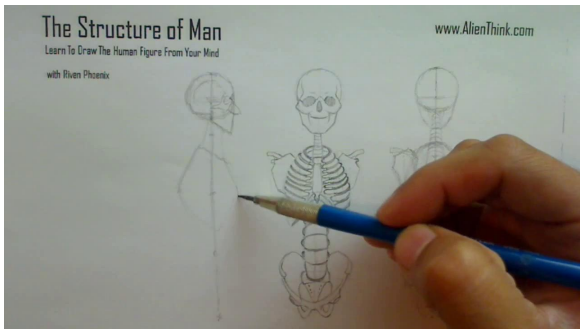
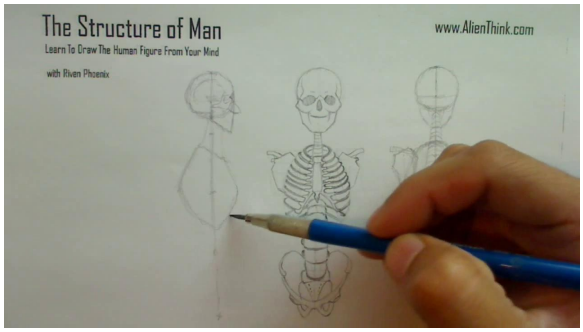
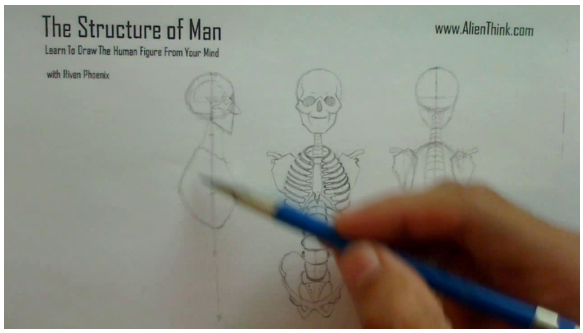
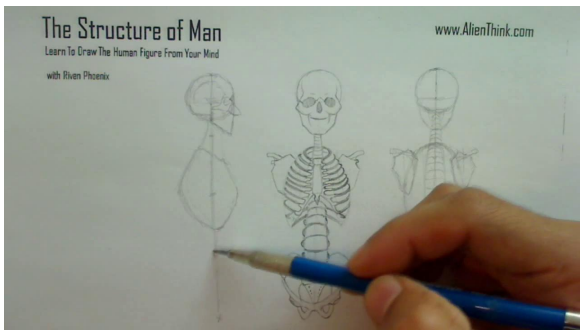
117		B is, I want it to be as organic as possible over here.
118		And I know that the curve is going to be here.
119		You know, over here we already know how the spine is going to be, right?
120		It's just going to be coming in this way.

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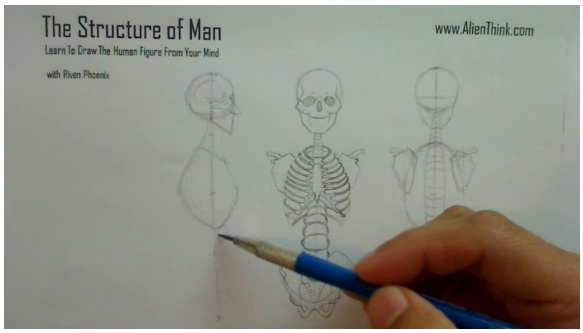
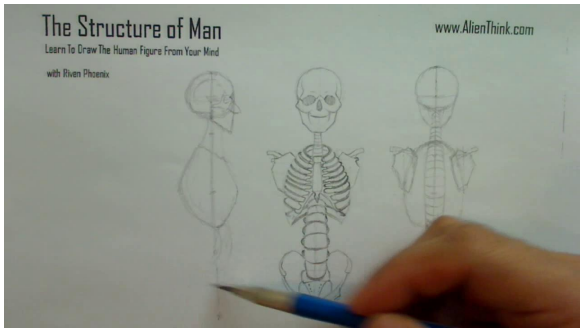
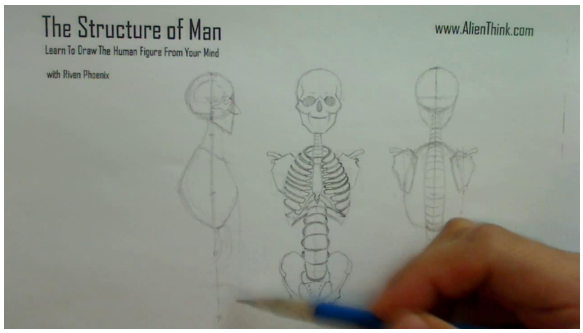
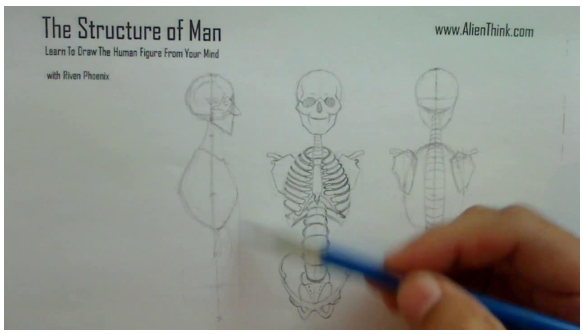
121		So when the spine is going to now come out, right?
122		So here is the thing that we talked about.
123		This is just going to be here and this is going to be here, right?
124		Here I'm just showing you where that line is, right?

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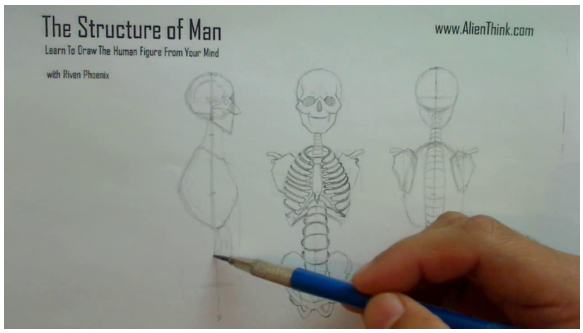
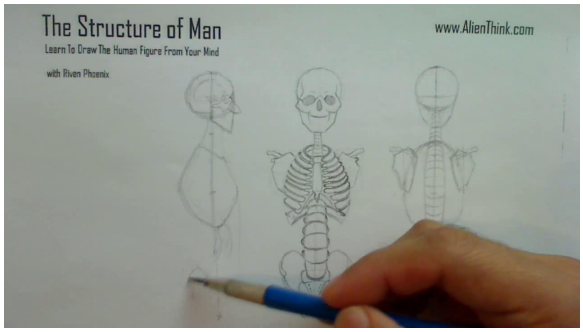
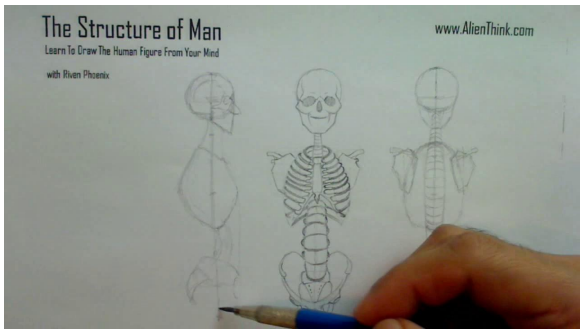
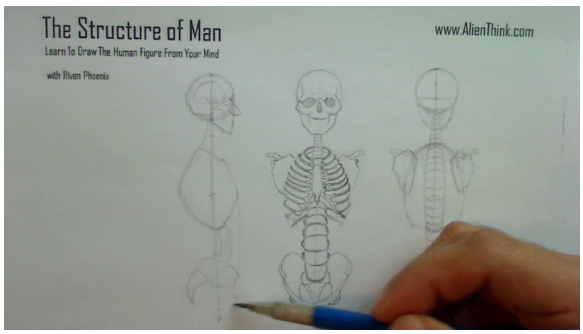
125		So from here we already know, right, we just need to understand that the sacrum is just going to be here.
126		So now you can just rough this in, rough it in like this, like we're supposed to in figure drawing and just,
127		as you know, that this is going to be here.
128		We already talked about this, that this is really just going in this direction over here.

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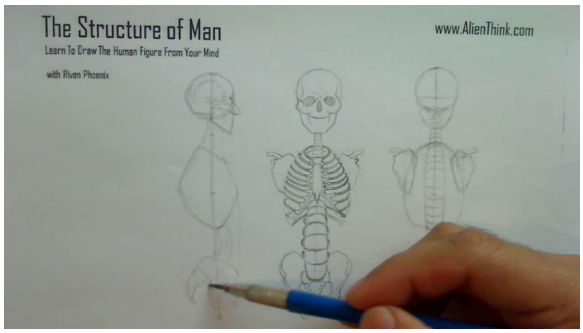
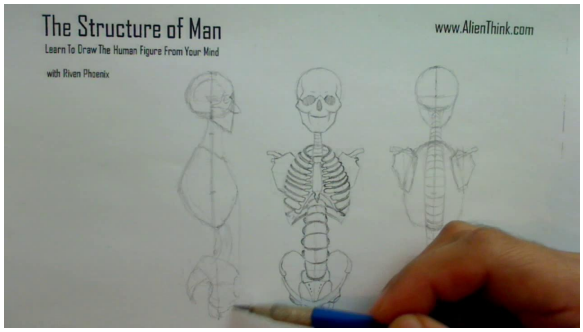
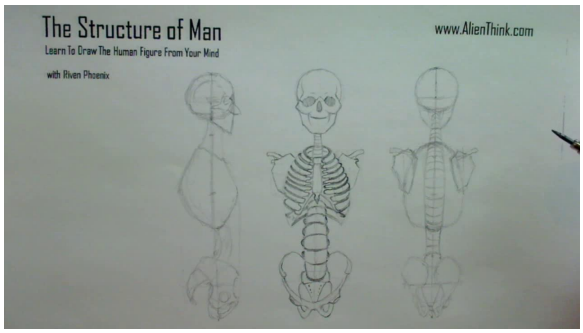
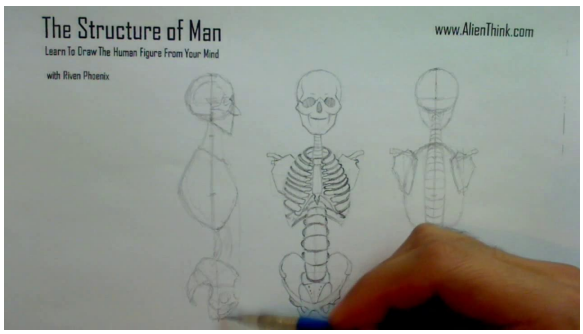
129		You're going to get this line. It's going to come down this way.
130		And then you're going to get this line over here and you're going to get basically the circle for, right?
131		Okay, so one thing here that I want you to notice is that when, when you're drawing this out, right?
132		This pelvis area here, what's going to happen?

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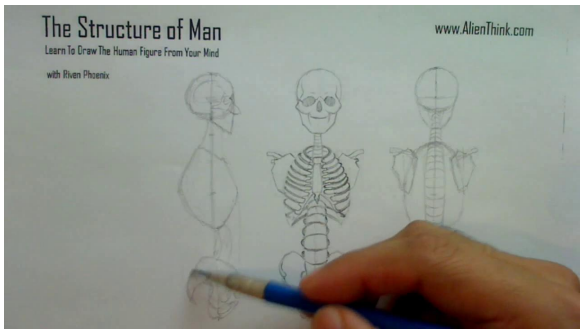
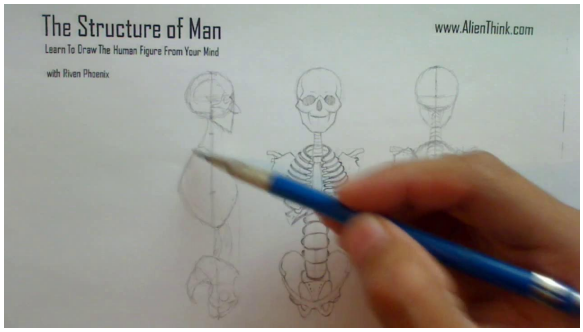
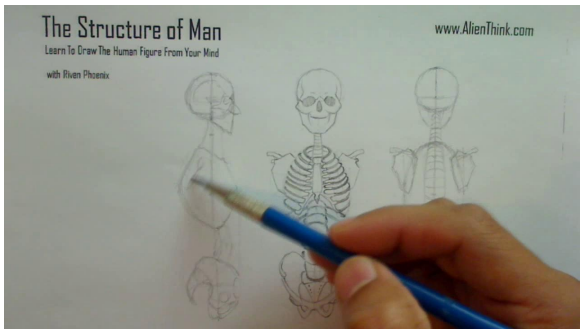
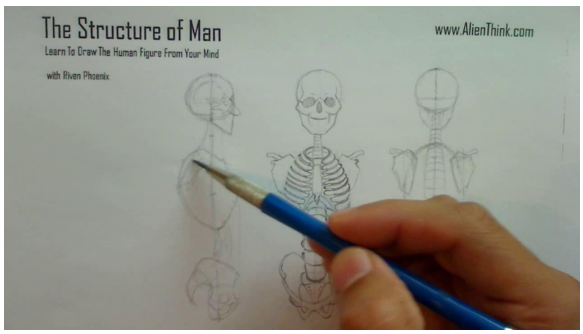
133		I'm just going to show you something extra here before we start putting in more detail.
134		Let's just put the scapula down over here.
135		We know it's just going to be like this and pretty much it's just going to go in this way, right?
136		It's just an understood concept that this is going to be the scapula like this over here.

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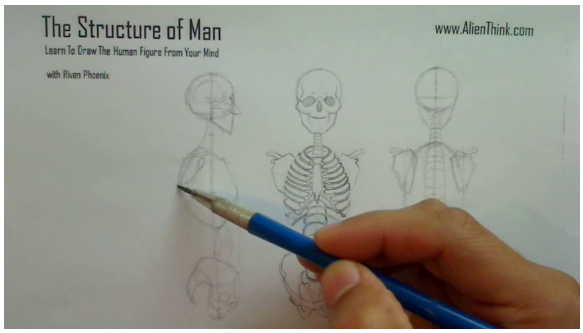
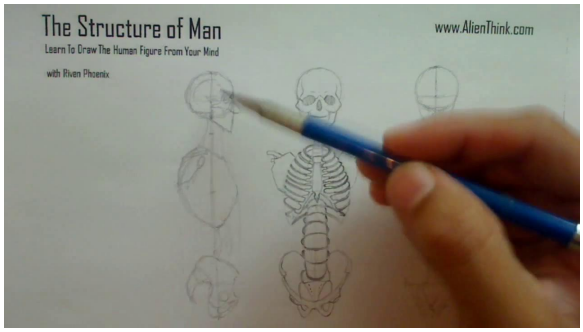
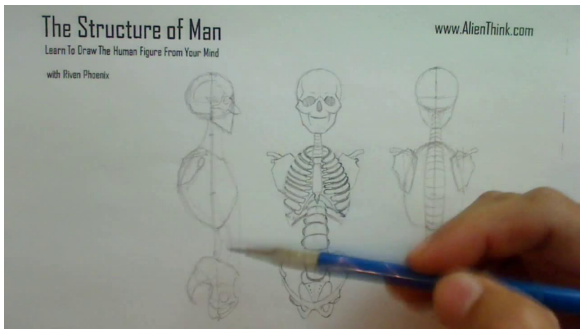
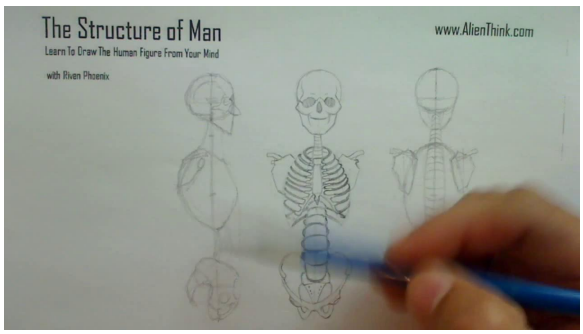
137		I'm going to get that, right?
138		So what I'm going to show you here is something a little more advanced since we have a lot of time to finish this off.
139		Is that I'm going to show you something very advanced here,
140		but you will begin to understand the power of going through this process,

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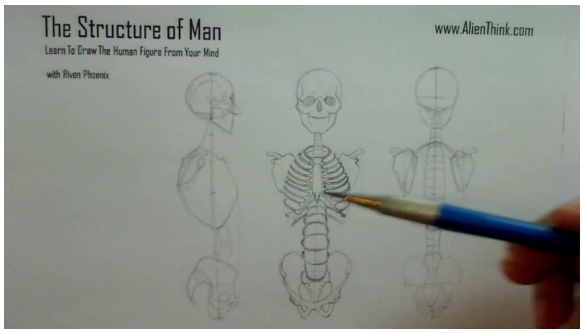
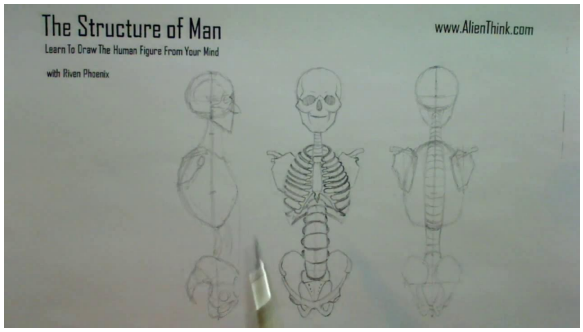
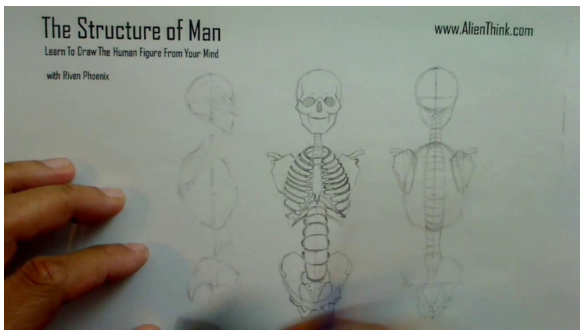
141		doing all this hard work to understand this, right?
142		So let's clean this up a little bit here, right?
143		We got our concepts down.
144		Now we can just come in here and fix all this up, right?

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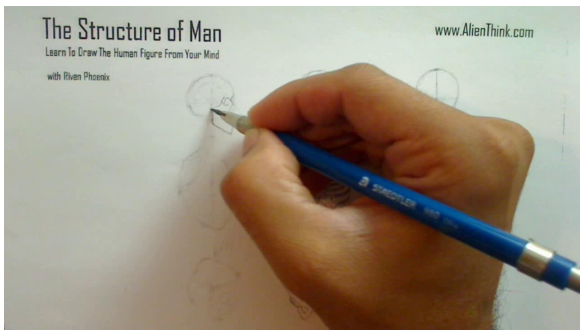
145		So we're going to do the eye over here.
146		And just like this, this is going to be the nose over here.
147		For the mouth, I'm just going to be the jaw.
148		Like this over here.

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149		Okay, and here for the nose, I'm just going to make the nose like this.
150		Right, so one thing here is that when you come to the forehead, right,
151		you can just know that the flat area is really just going to be here as we have talked about.
152		Right, so just think about all these little details and really just make your own version of it, right?

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153		That's the whole idea of this that you want to really get it to the point where it's just your own rules, right?
154		These are all our own rules that we're going talking through the whole thing together
155		and you can just do your own version.
156		Right, sometimes I like to push the temple out inside more to give it a realistic feel.

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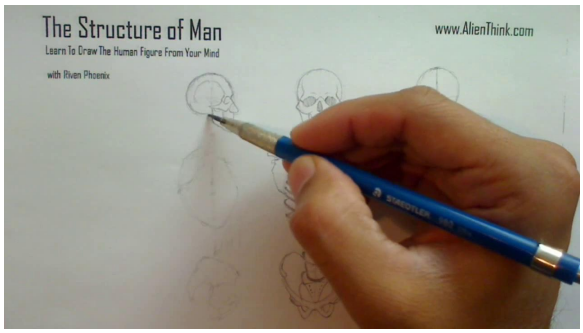
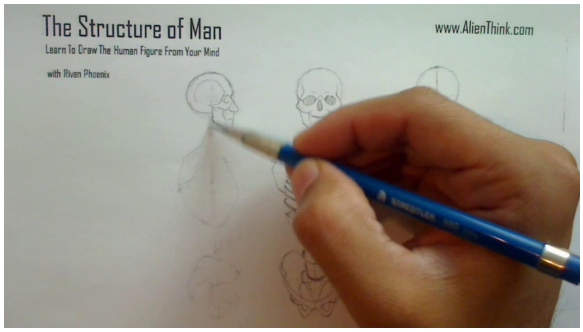
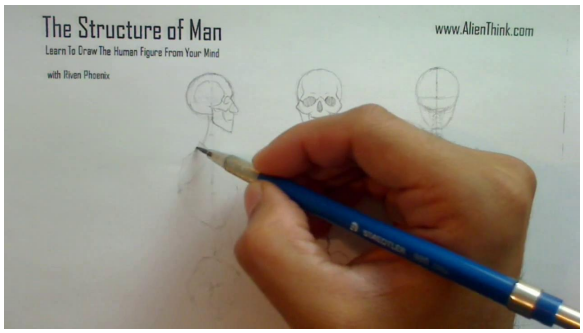
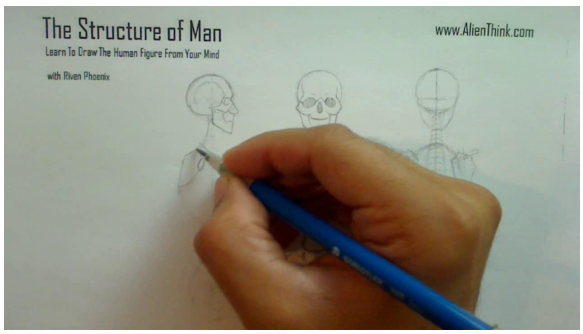
157		And we already know how the spine is going to work over here.
158		Right, it's just going to go in this way just like this.
159		So here I'm going to do the scapula here first.
160		And then over here, let's do it this way.

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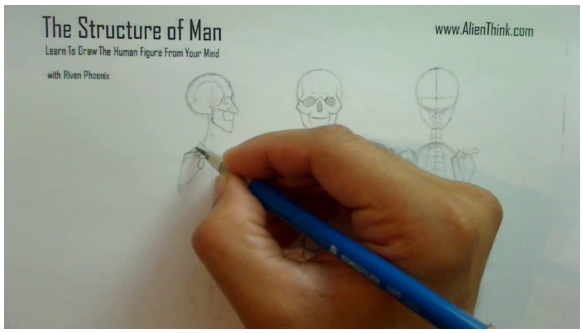
161		Note that the scapula has to protrude a little out because it's resting on top of this.
162		A chest cavity over here.
163		Okay, and then we can just make this line over here, right?
164		We know we're going to have to make the ribs on that end.

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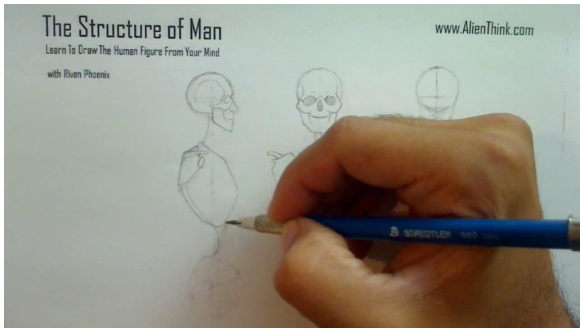
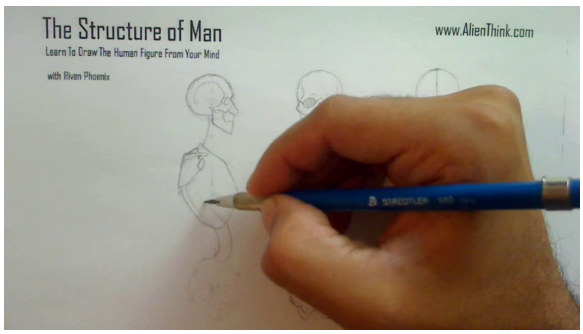
165		So here we're going to get the spine over here and here I'm just going to push it in.
166		And I know that the spine over here is going to be like this.
167		It's going to be thick over here.
168		Then it's just going to get smaller in this area over here.

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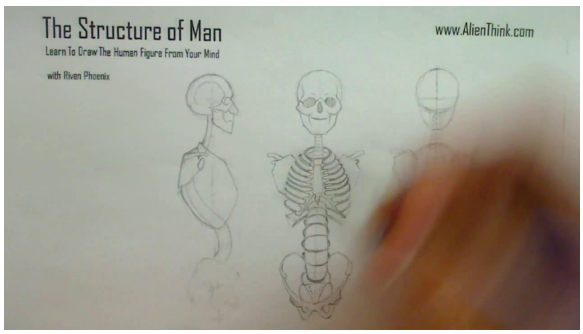
169		Remember, it's on an angle over here.
170		And when it this thing, when it comes down, see this?
171		When this thing comes down, this is going on an angle.
172		Okay, so over here we already know what to do over here.

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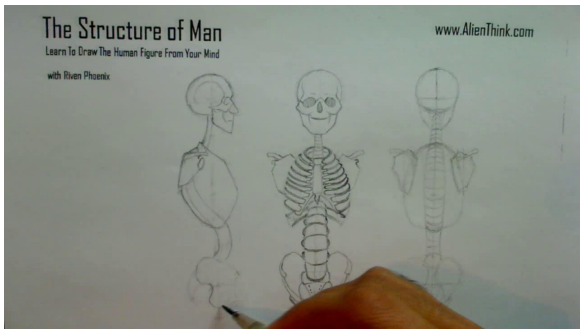
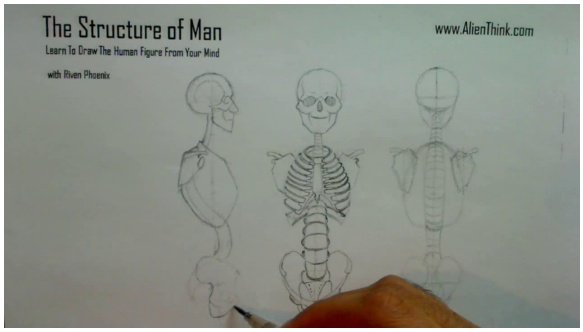
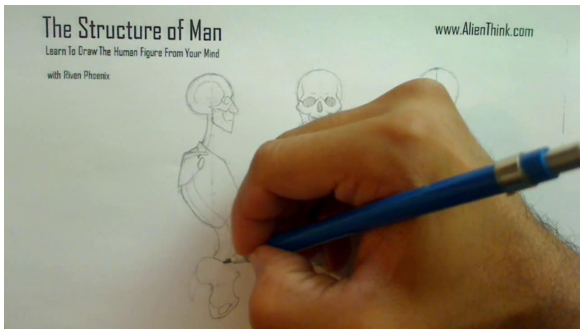
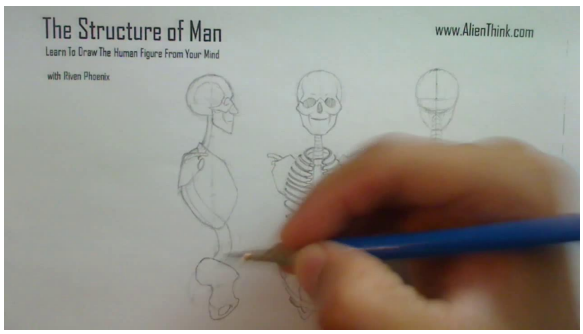
173		I'm just going to get this over here.
174		It's going to go in this way.
175		And here I'm just going to put like a few bumps and stuff on it.
176		To make it a little more realistic looking.

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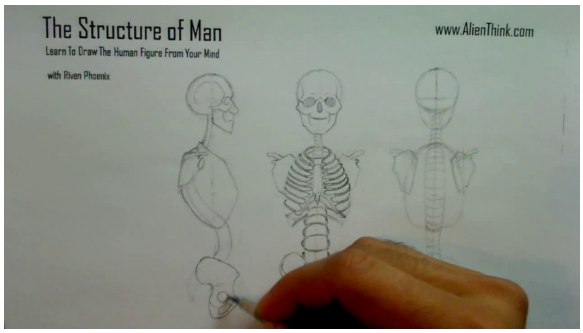
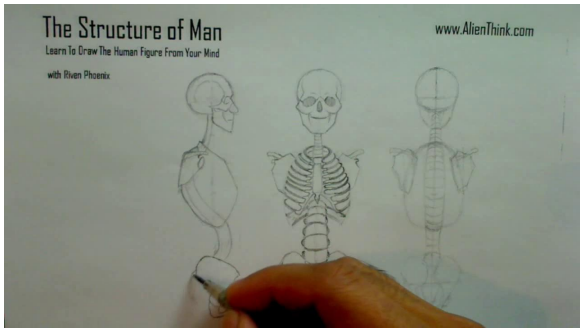
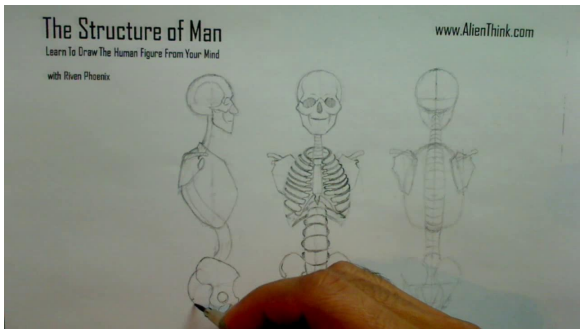
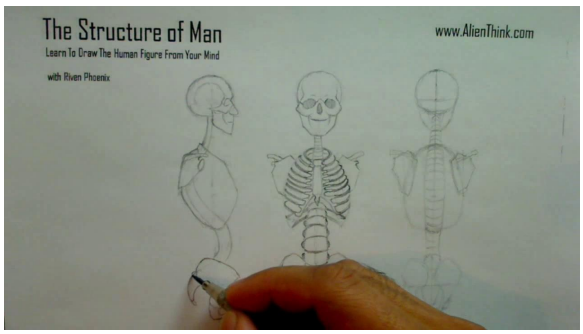
177		And this is where the socket is going to be.
178		And this is where the sacrum is.
179		You're going to get that little bone over here.
180		You're going to have like one, two, and three bones over there.

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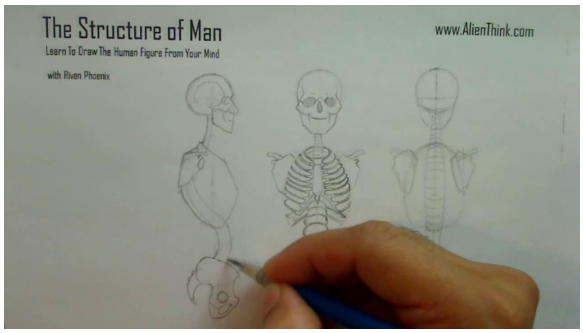
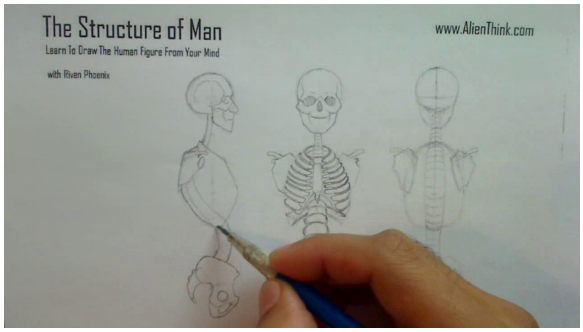
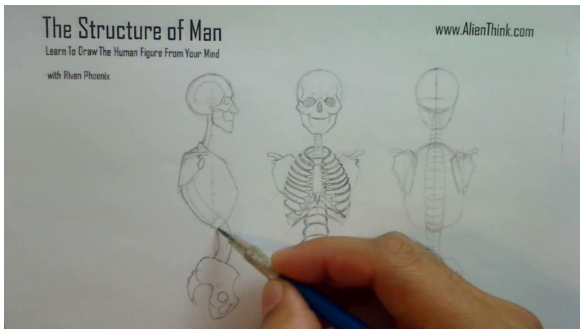
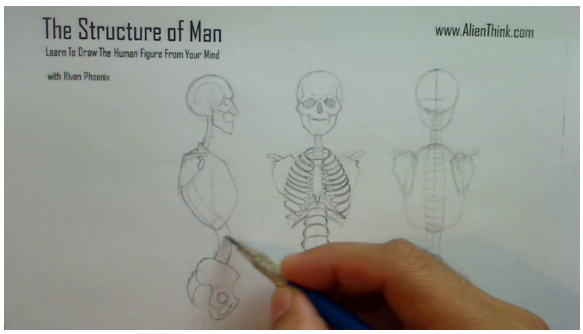
181		And this is just going to be a little more thicker.
182		So we know how to divide this very easily.
183		This is the fifth one.
184		And here I'm just going to get one, two.

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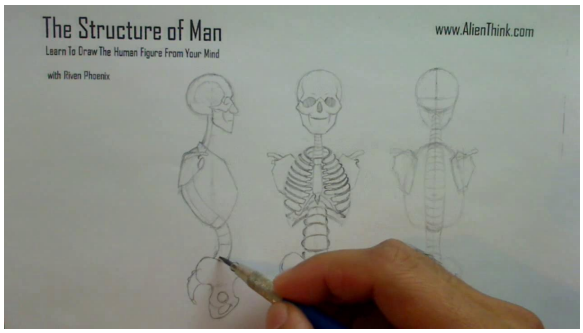
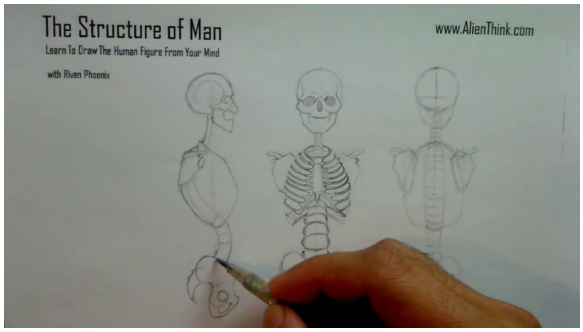
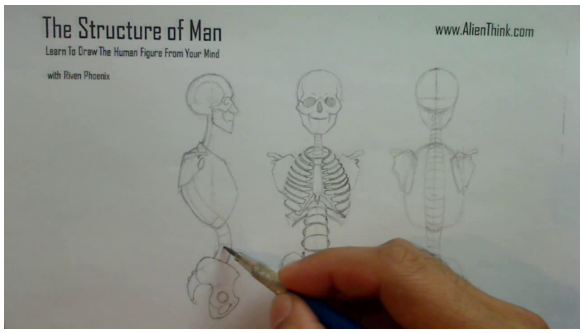
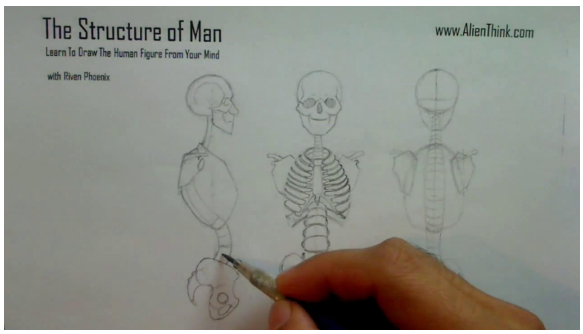
185		And then over here with the sacrum is right.
186		You got two.
187		You might want to actually push this down a little bit.
188		One, two, three, four.

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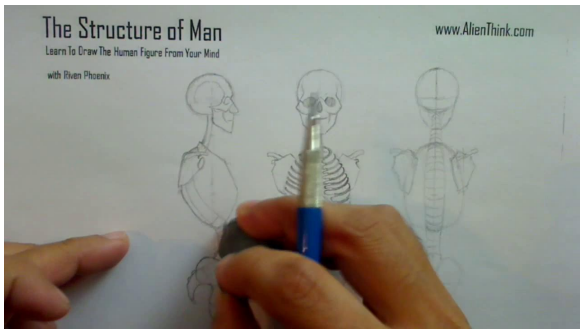
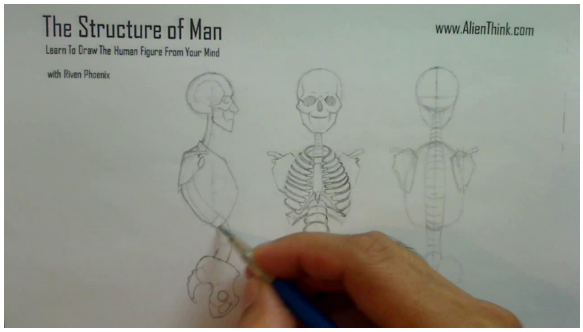
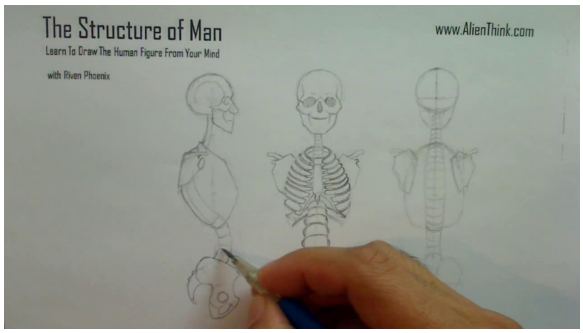
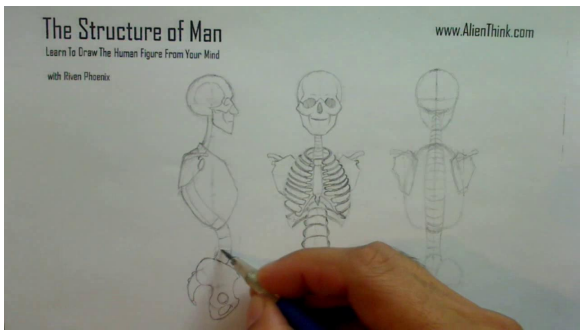
189		I'm going to adjust this a little bit so it's a little more thicker.
190		Right, here I'm just going to make this a little more thicker.
191		This one a little more thicker.
192		And the other one will just go down.

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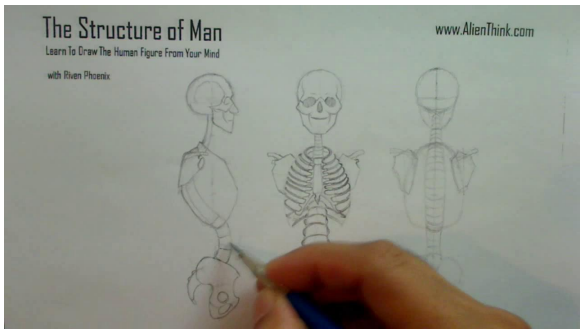
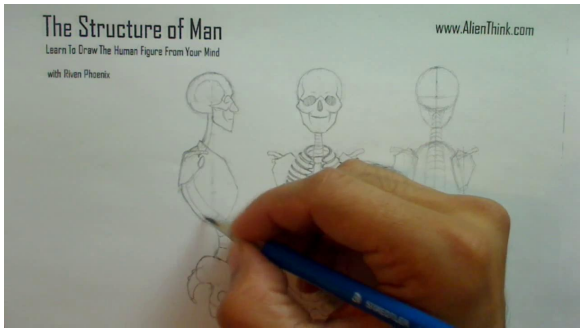
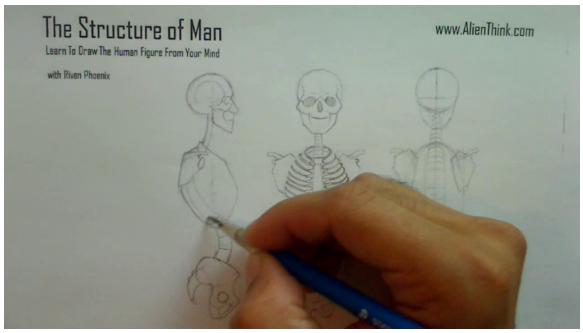
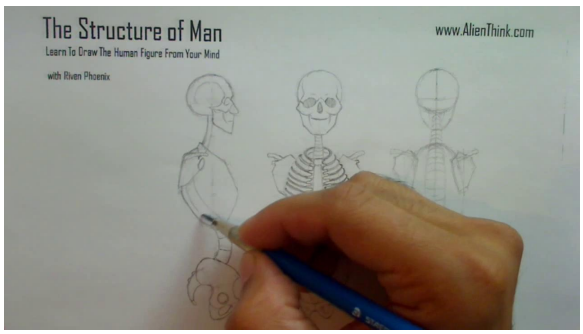
193		Now it's actually getting hidden because of the pelvis belt.
194		And over here we just need eleven lines.
195		So always do this light.
196		One, two, three, four, five, six, seven, eight, nine, ten, eleven.

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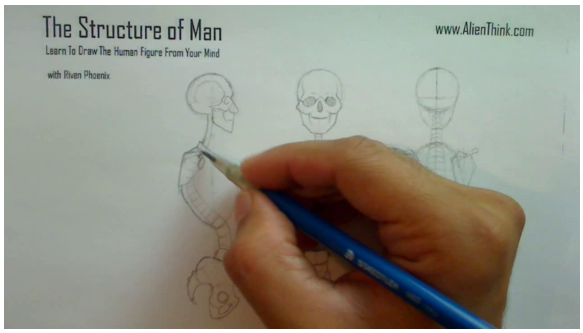
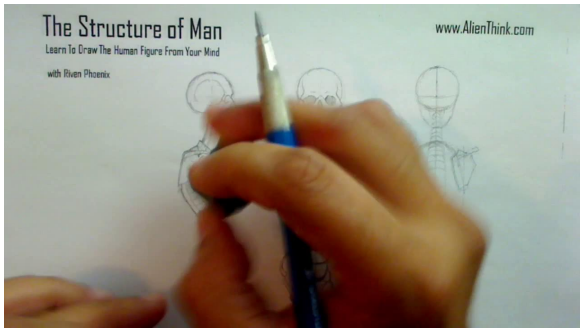
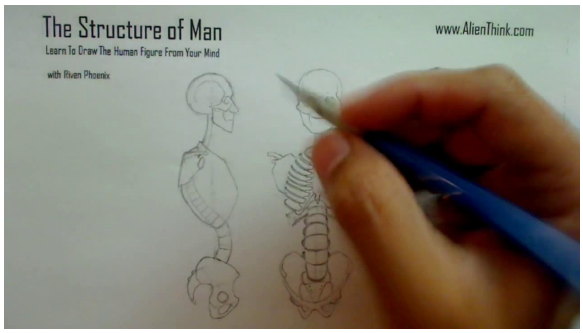
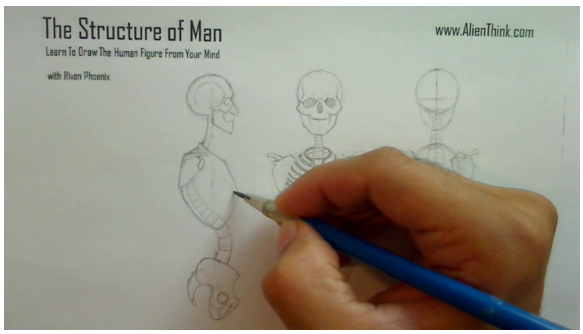
197		Right, so that's a good two.
198		So we have just going to erase that part out.
199		Okay, so once we have this, we already know that over here is that junction.
200		Right, you're going to get this as the seventh.

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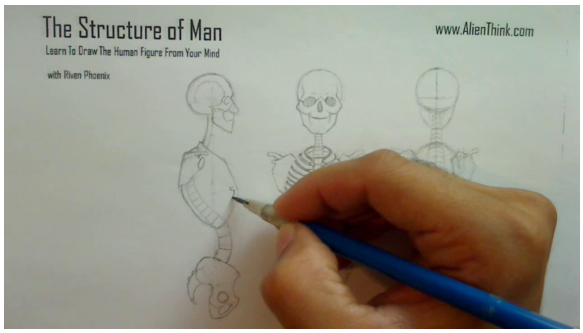
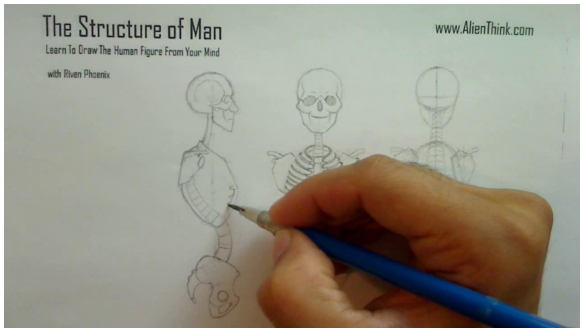
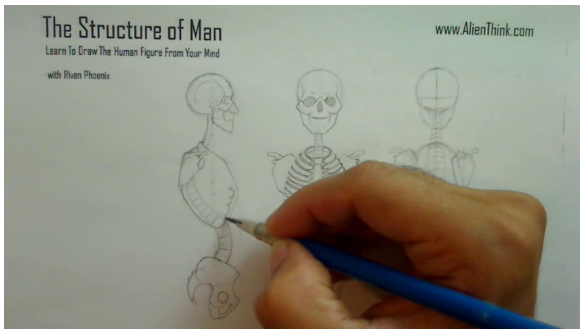
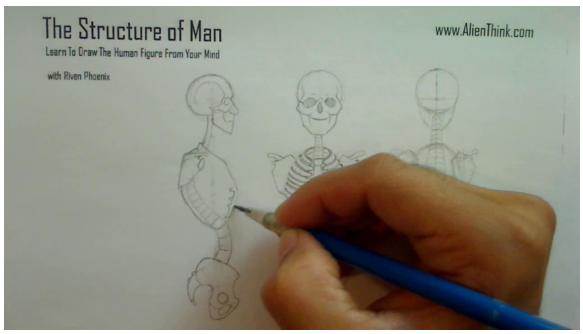
201		This is going to be your eight, nine.
202		Okay, and then you're going to get your tent.
203		It's going to be over here.
204		And that's it.

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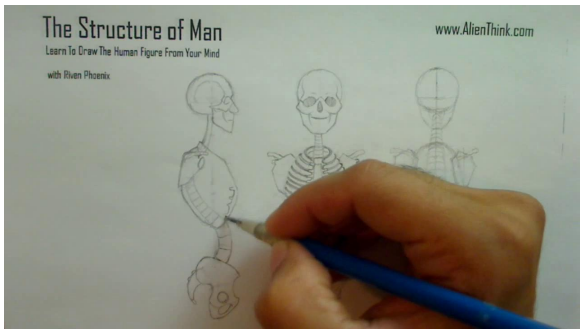
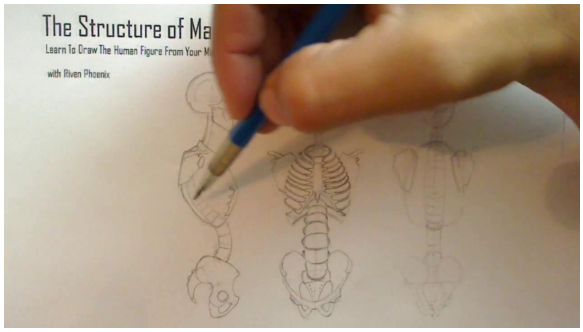
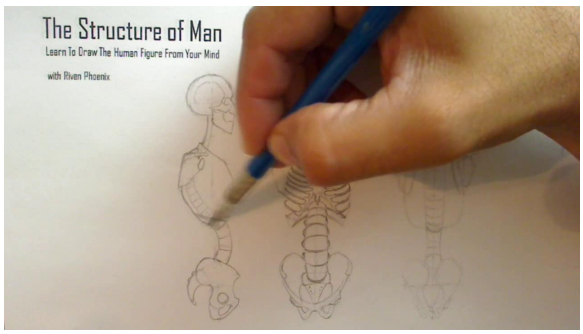
205		Right, and then you're going to get the other one over here.
206		So this is the fifth and this is the one here.
207		So you know that this is just going to come in this direction over here
208		and this is going to be here.

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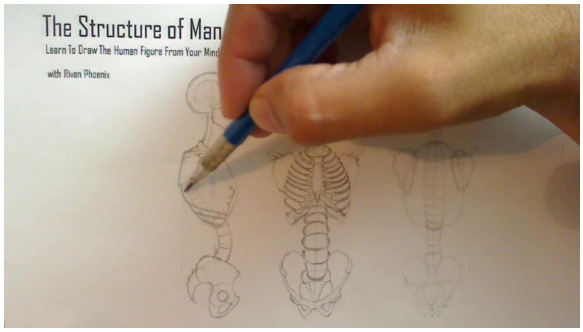
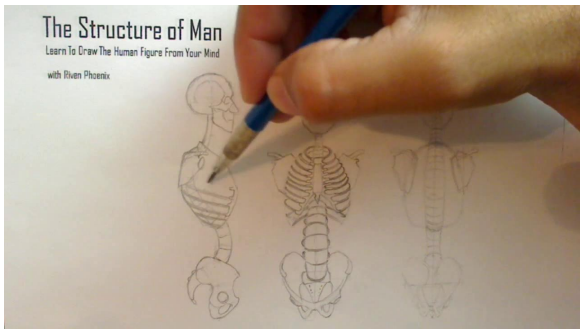
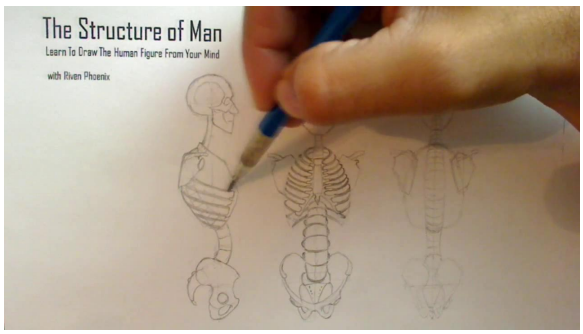
209		Again, just do everything light here.
210		Okay, just make sure you're comfortable with your idea here for the ribs.
211		And this is the seventh one.
212		Okay, seventh.

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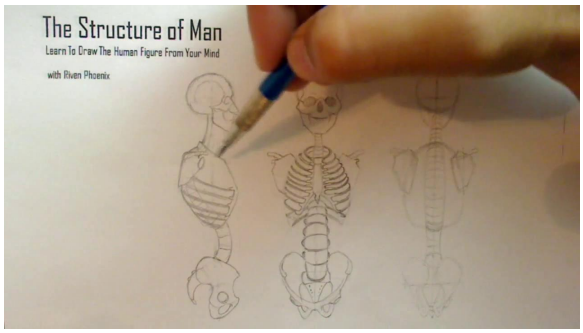
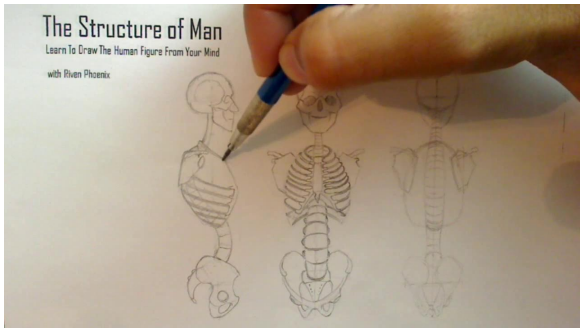
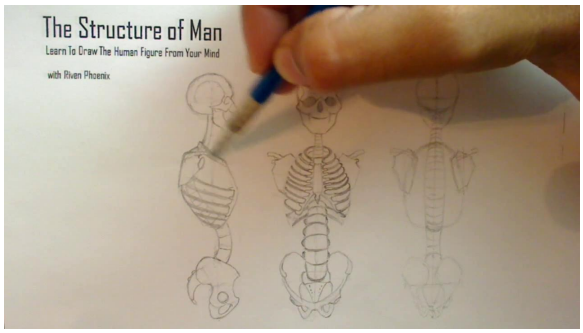
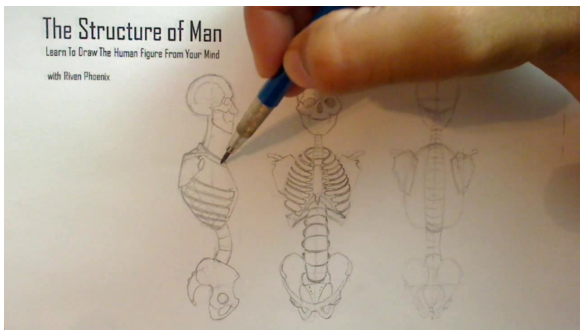
213		So we know over here this is going to be the 12th one.
214		And here where the the sterum is, we know that this is going to be the 11th one over here.
215		Okay, so we got 11 and seven.
216		So it's going to be really one, two, you're going to three, four, five, six.

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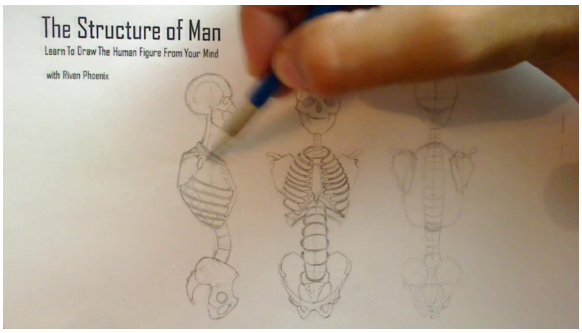
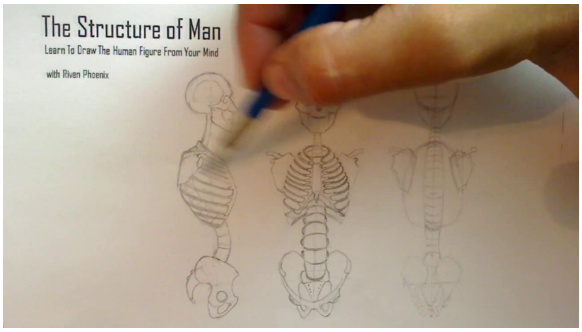
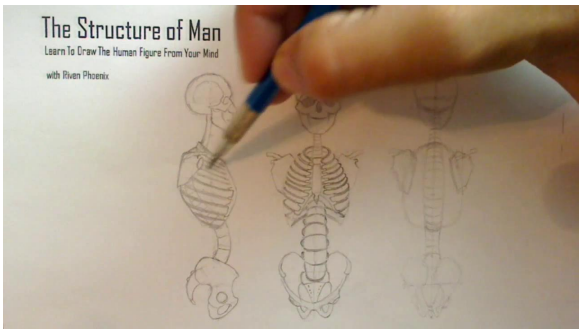
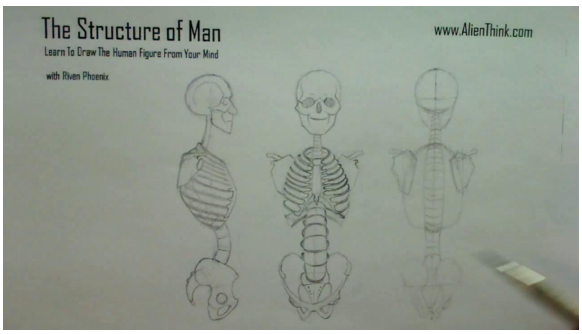
217		Right, it's going to be one, two, three, four.
218		So just going to just make sure one, two, three, four, five, six, seven, eight, nine, ten, and one, twelve.
219		Okay, so here I'm just using the concept of suggestion
220		to get this whole scale down.

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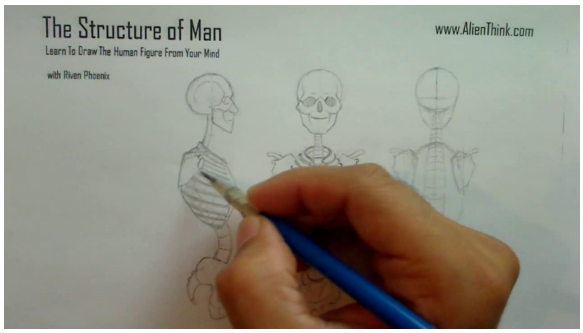
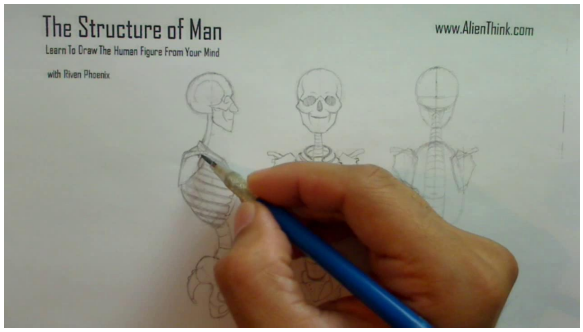
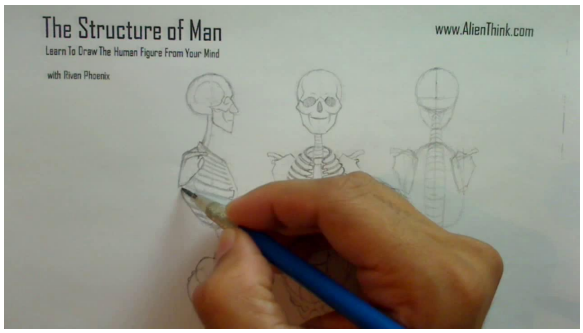
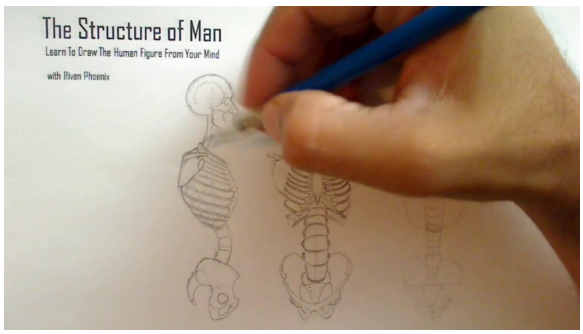
221		Okay, so now let me just show you something here, which is I think very fascinating,
222		especially in these early stages of learning about figure drawing for yourself,
223		is that what is really the point of learning all this?
224		Right, and here it's going to be one, two, three, four, five, six.

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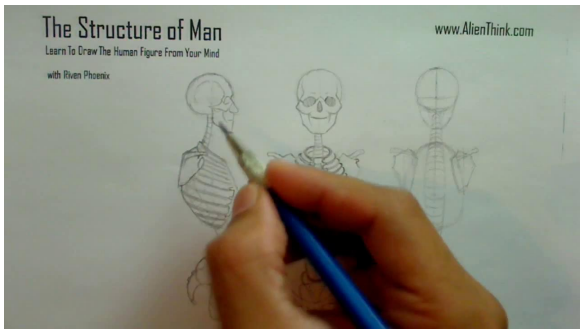
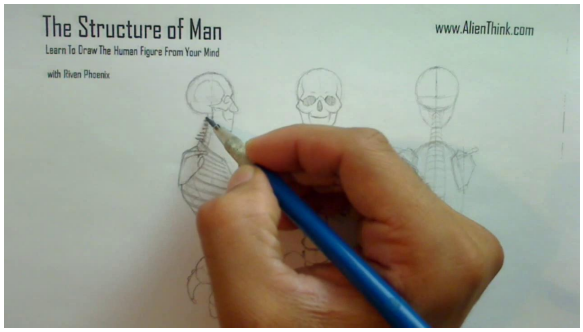
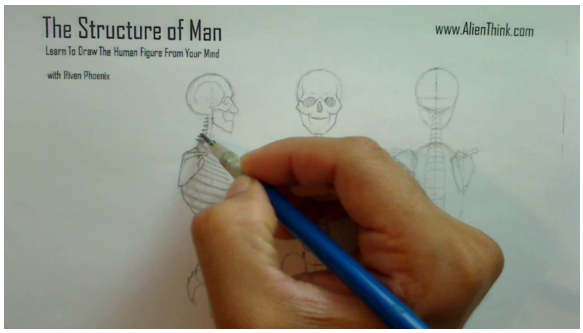
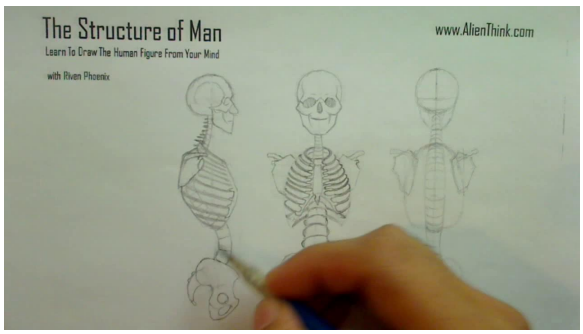
225		Right, and we also already know about those lines over here.
226		Right, so you really just need to be suggestive over here.
227		Right, all this can be corrected much more later on.
228		Right, and this is going to be here.

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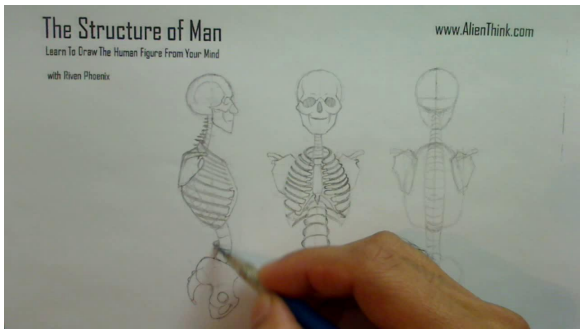
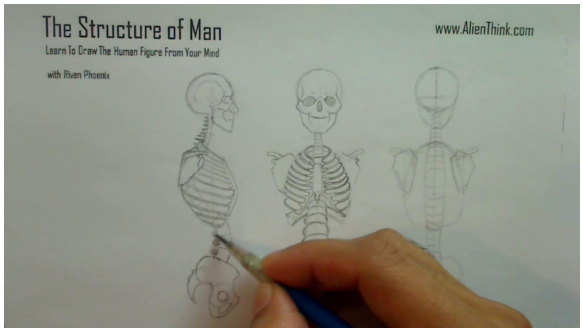
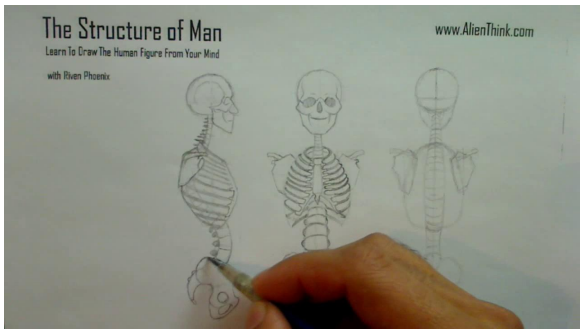
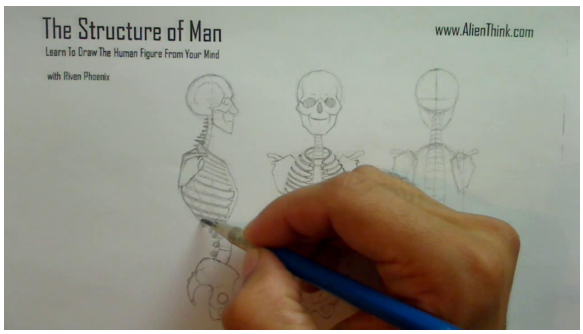
229		This is going to be here.
230		Here, and this is going to be here.
231		The other one is just going to be hidden anyways.
232		And here, you can add the more details you add, the more it's going to look.

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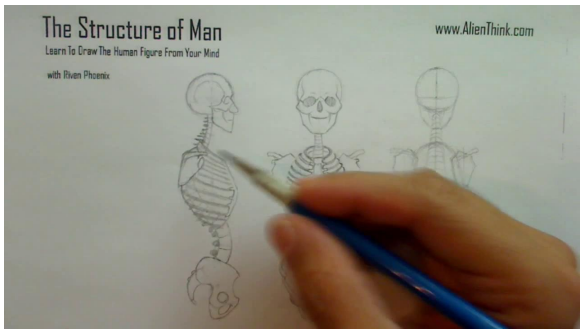
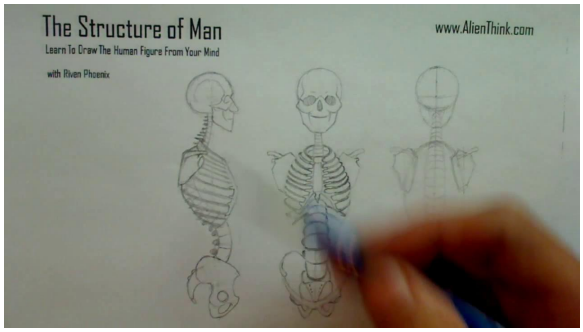
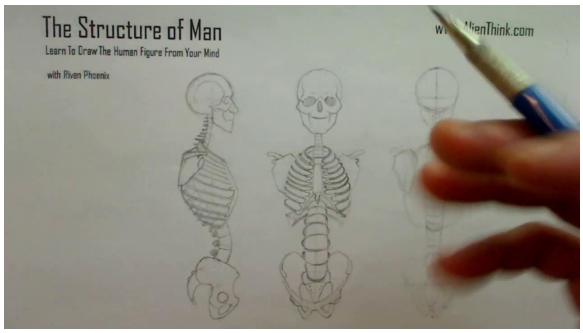
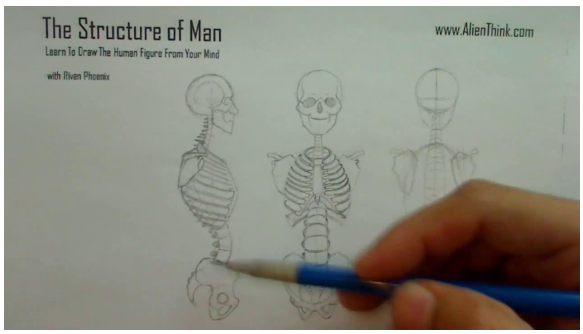
233		Okay, so I'm just checking to make sure that I got everything down.
234		Okay, so now once this is down, so this is where really the concept of the mannequin system is going to help us to understand
235		as we are almost done with understanding this scale of the structure.
236		Right, there's really not much left to learn.

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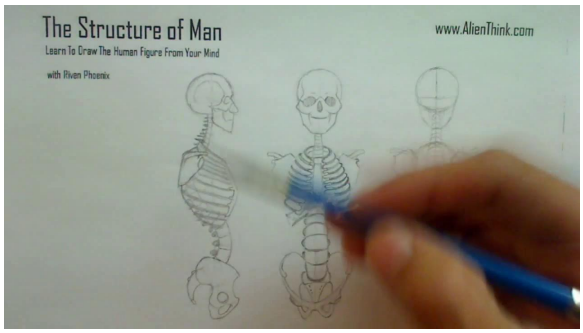
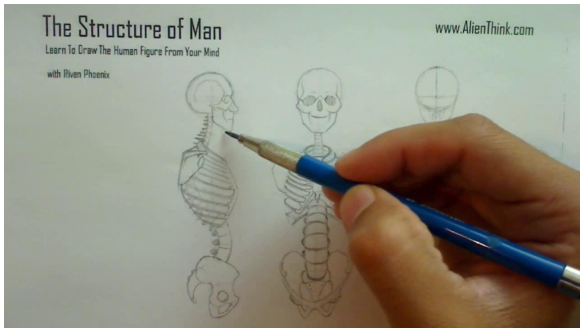
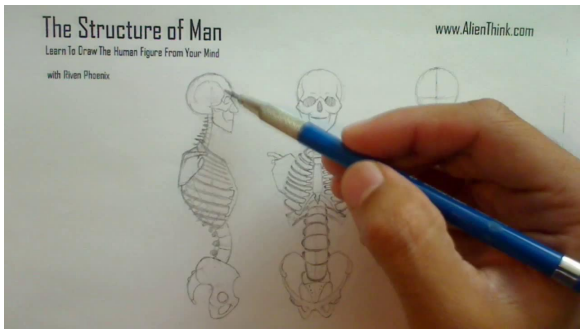
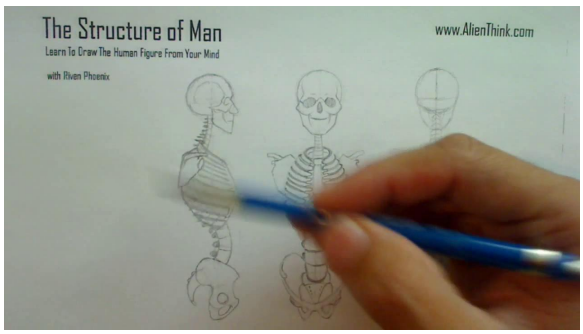
237		But here is where the concept of the muscles and the idea of the forms that the human figure are going to start to make sense.
238		Because see, if we came up with an idea of the mannequin system,
239		because this is how we're really going to be drawing it using the toolkit,
240		and then you can sketch out the figure and just use like basic shapes.

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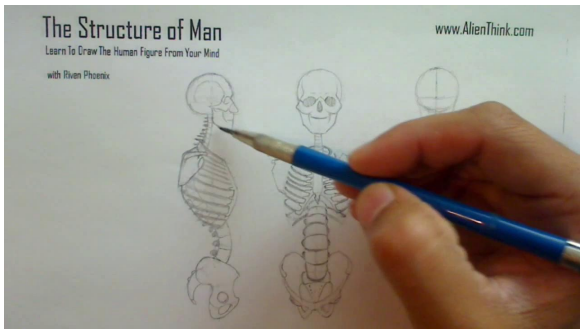
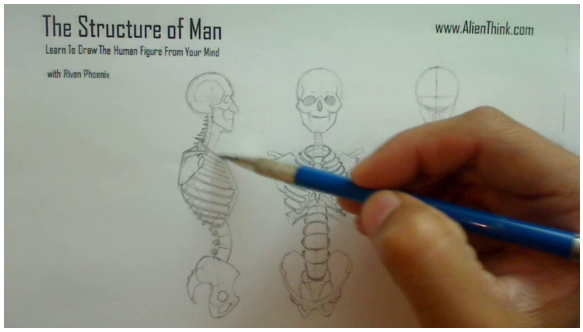
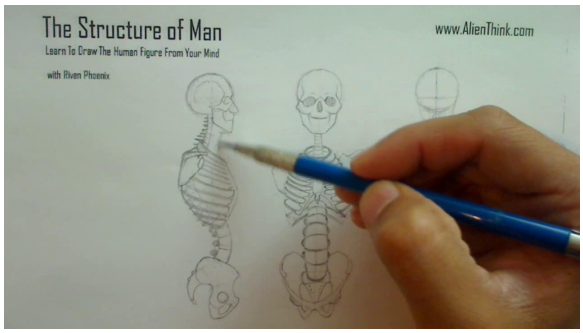
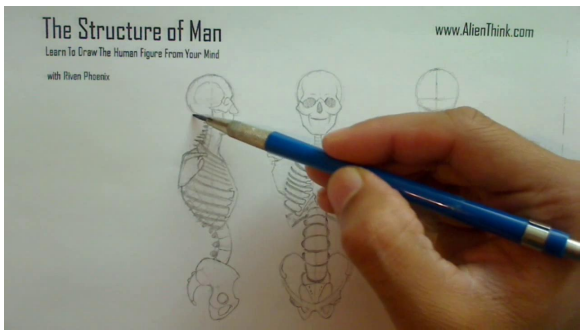
241		So even that idea of basic shapes, look what happens in basic shapes.
242		That this is the neck over here.
243		Right, you're going to get this area over here, and you're going to get it like this over here,
244		and then you're going to get it on this angle.

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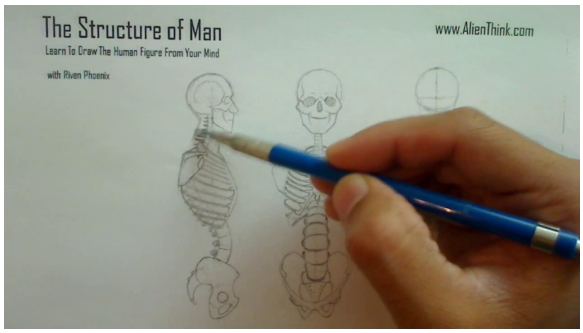
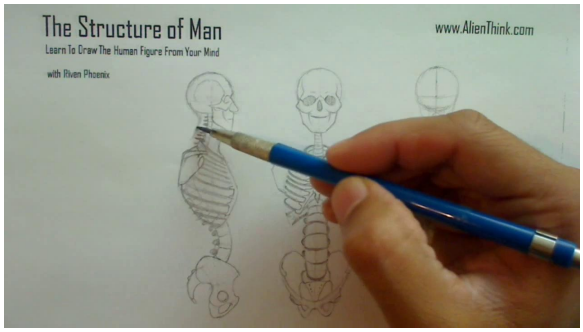
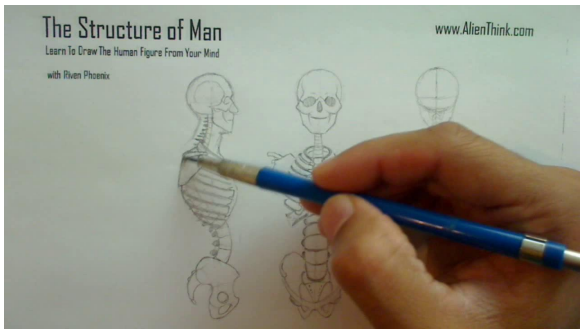
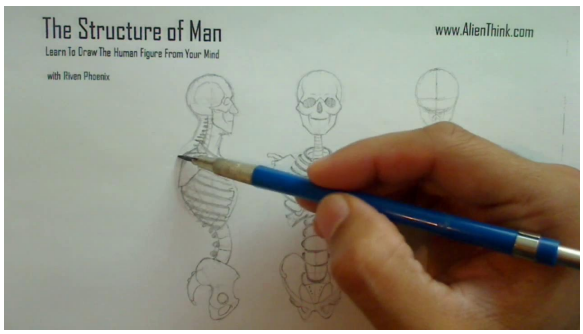
245		Okay, I'm just showing you in outline form what's actually happening.
246		And then over here, you're going to get, there's like this back muscle over here,
247		that's going to connect over here, and it's going to go down in this way over here.
248		Right, so you get like this form over here,

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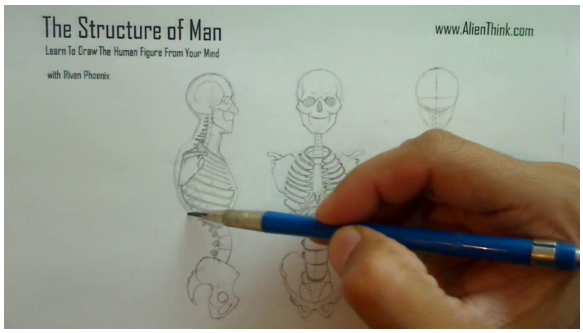
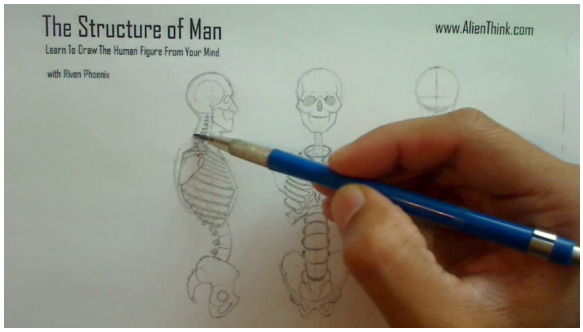
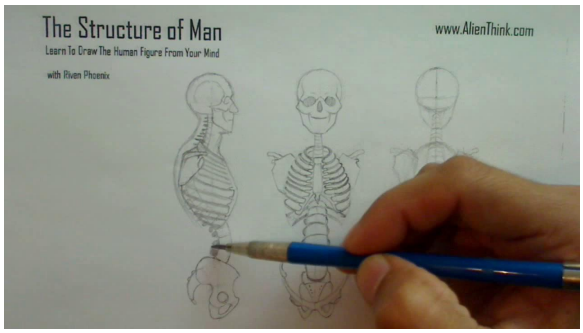
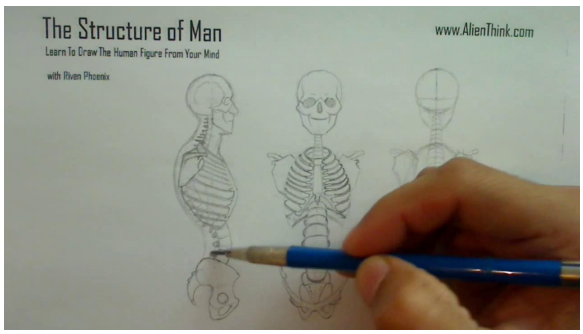
249		and this is going to be covered up.
250		Right, so here you'll begin to see where these forms are actually coming from.
251		Then you'll get your back muscles over here, you'll get like a muscle over here.
252		And then there's a muscle that will connect, you'll get your love handles.

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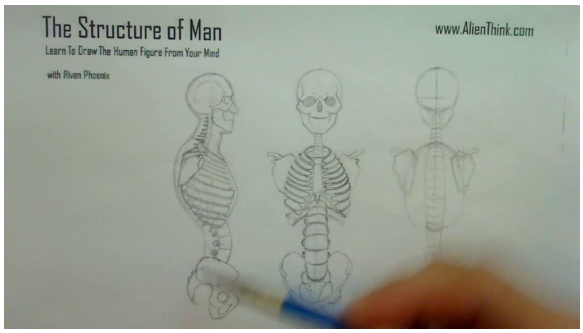
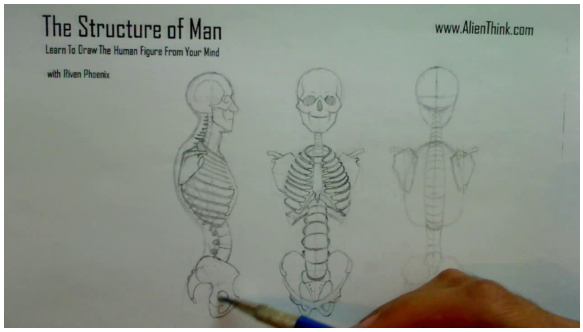
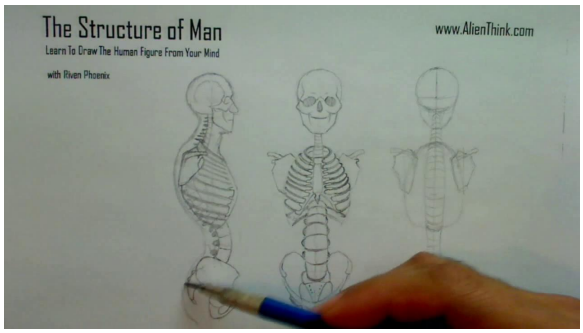
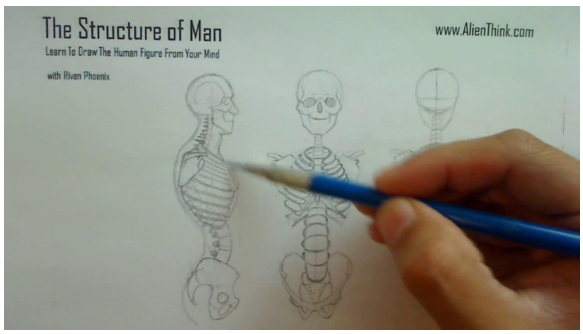
253		So basically what will happen is that over here, the leg will be here.
254		Let's say the leg is here, right, going down, you'll actually get your buttocks muscles over here.
255		Right, so here I'm just showing you in outline form what's happening.
256		Then you'll get your chest cavity, and then from here you'll get your abs all the way down here.

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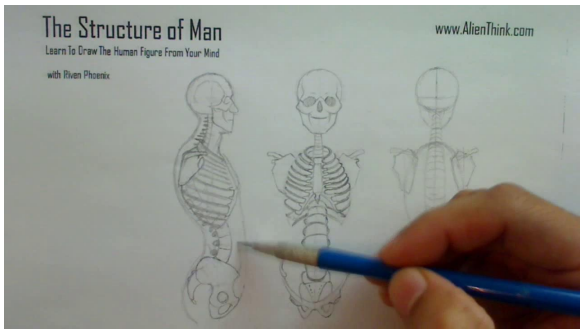
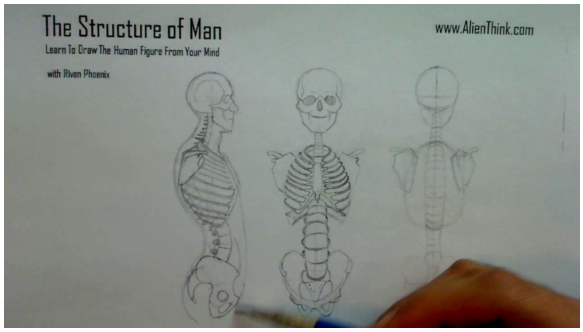
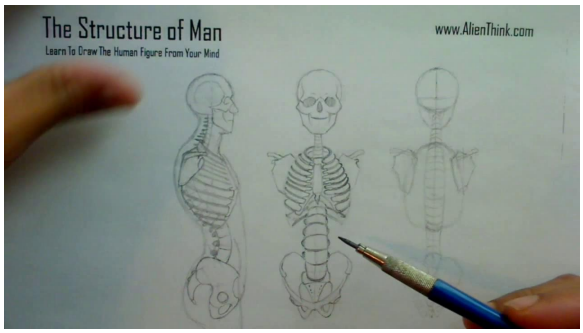
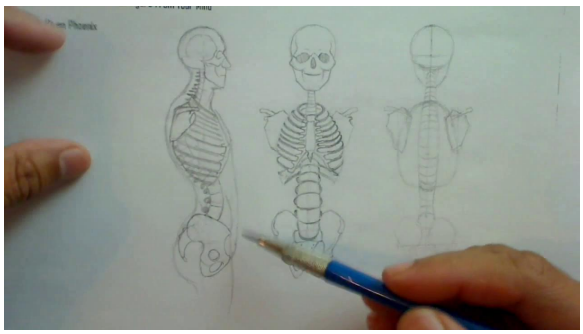
257		This is where your love handles is going to be.
258		Right, and from here you're going to get another muscle here to help define the structure for the leg.
259		Right, so let me just move this a little up so you can see what's going on.
260		Right, so in that idea of basic forms, what happens is that you begin to,

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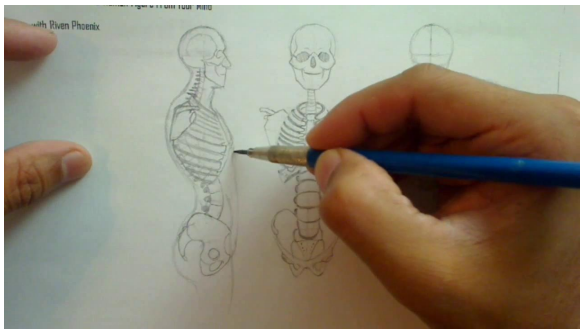
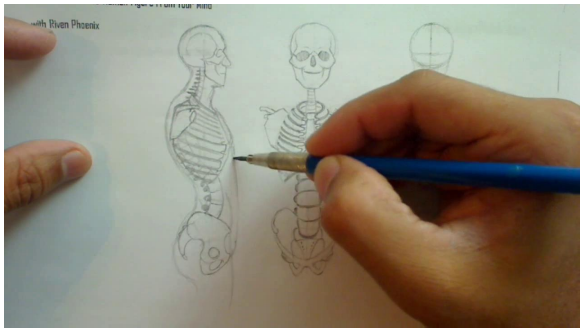
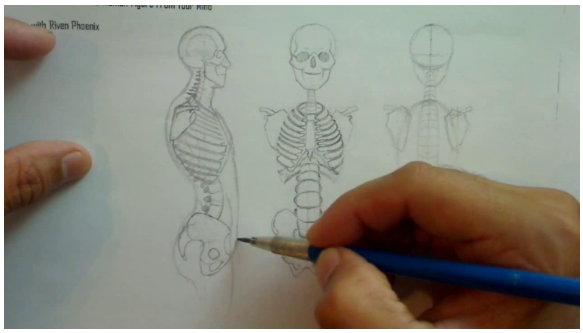
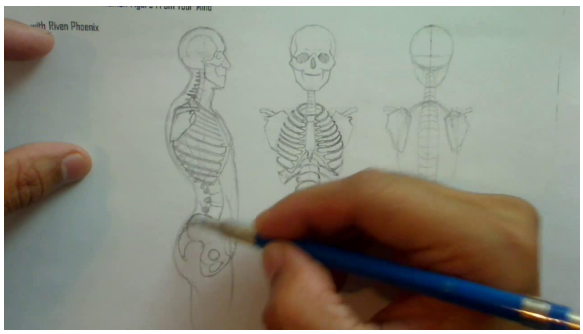
261		your mind begins to grasp these concepts.
262		Okay, I see what's going on.
263		This is why knowing anatomy is so vital in the early stages for all students.
264		And this is something that Divinci and Michelangelo have been stating through their drawings.

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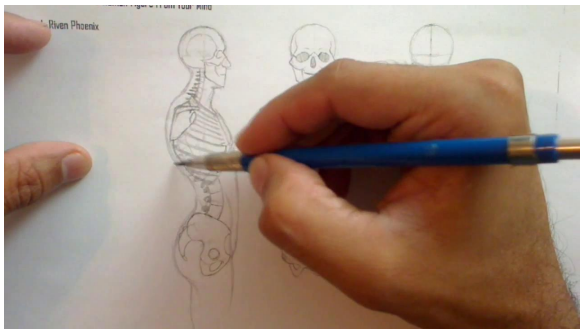
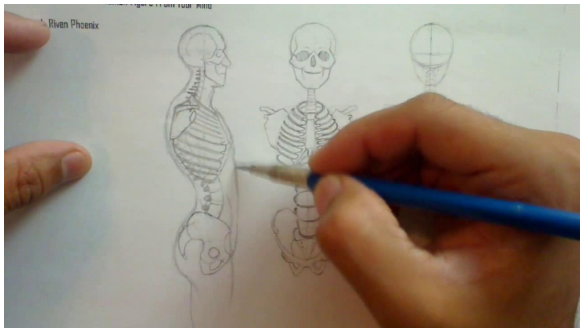
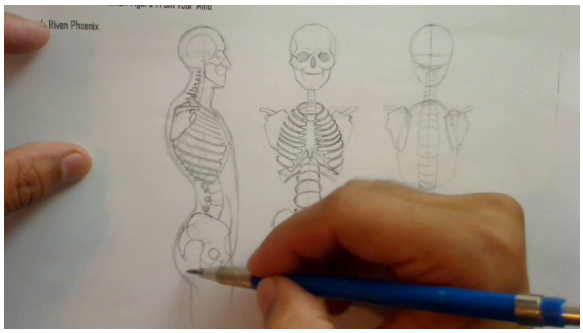
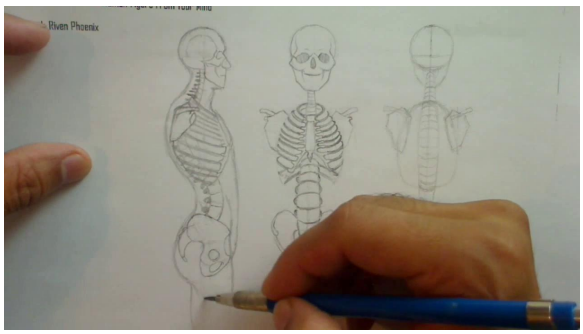
265		Right, if you know it, when you do it in this outline form,
266		you begin to see where exactly are all these contour lines coming from.
267		Look how far the buttocks muscles go.
268		You're going to basically connect here.

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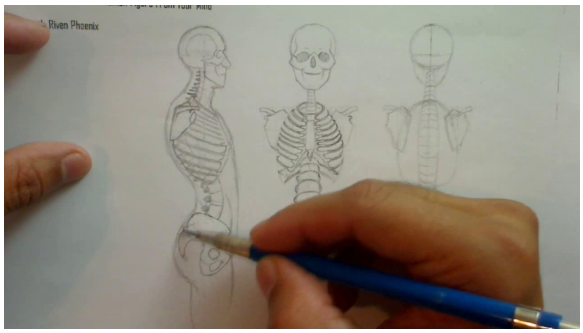
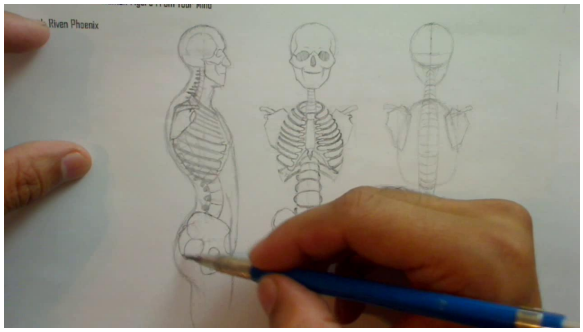
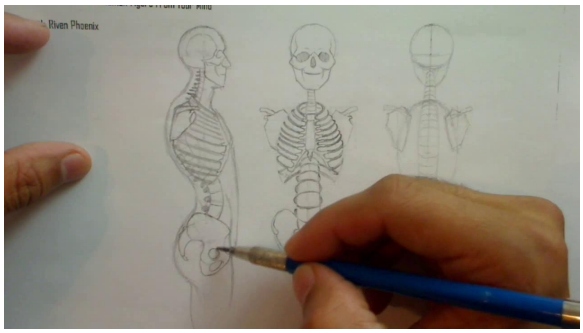
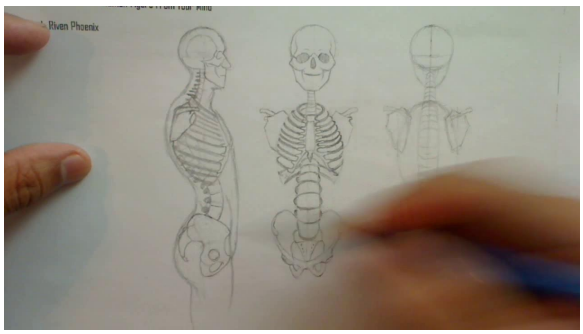
269		Right, because this is the inside of that tailbone.
270		And then you get, it comes out in this way.
271		Right, and you're going to get your muscles here.
272		Right, and we haven't done the back, but if you look with the buttocks muscles in your leg,

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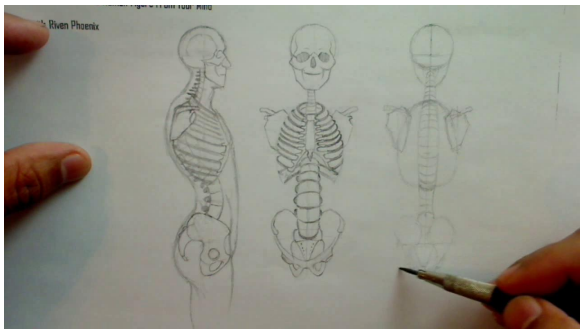
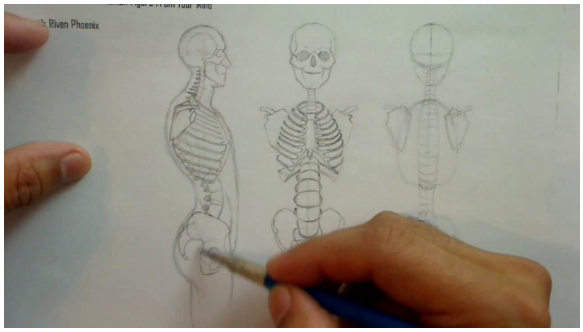
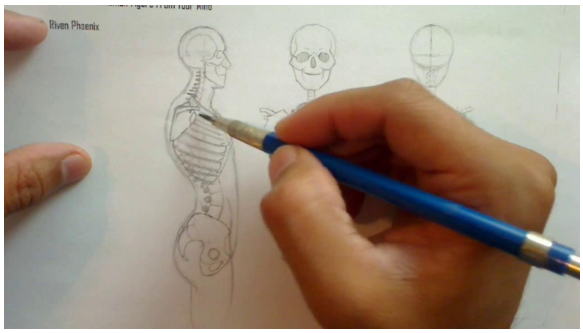
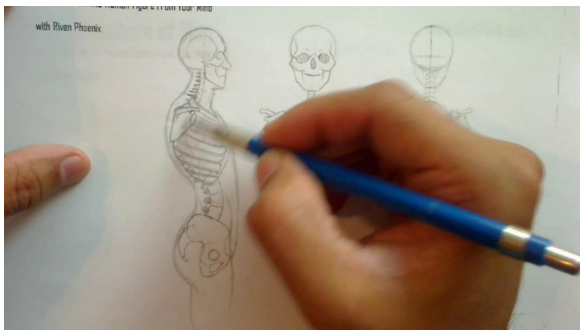
273		this is why you get that dip.
274		There'll be a dip over here.
275		Right, and over here there's going to be a muscle.
276		Basically, this muscle is going to be going like this over here.

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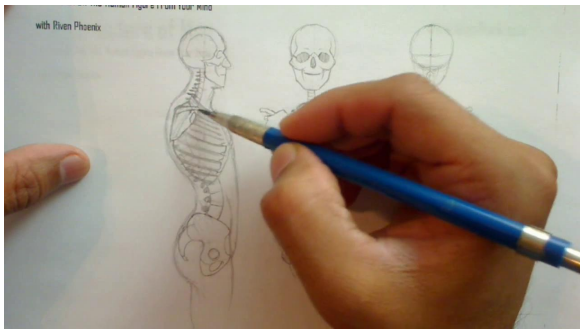
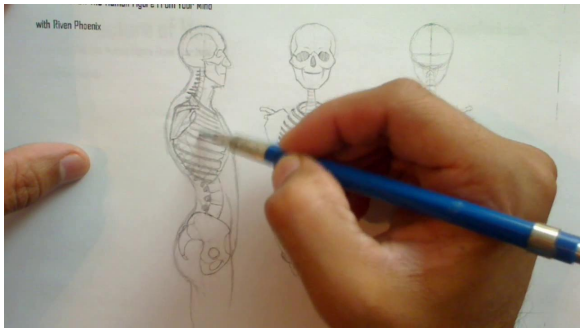
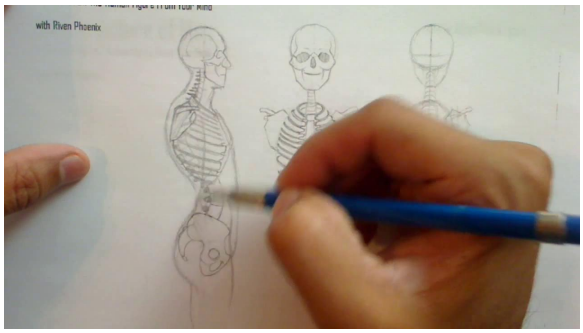
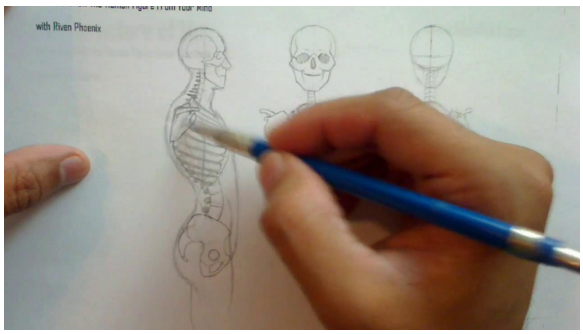
277		When you get your bone over here,
278		and then you'll get like another muscle that's basically connected like this.
279		Right, if I had drawn it like this,
280		if there was a thing over here,

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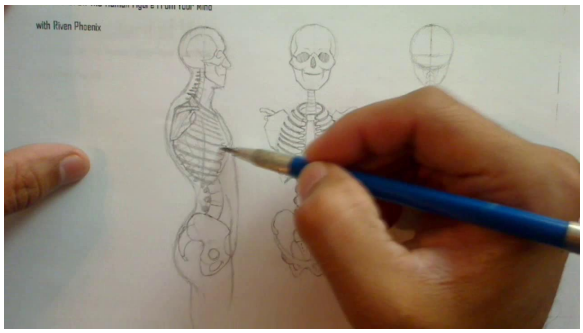
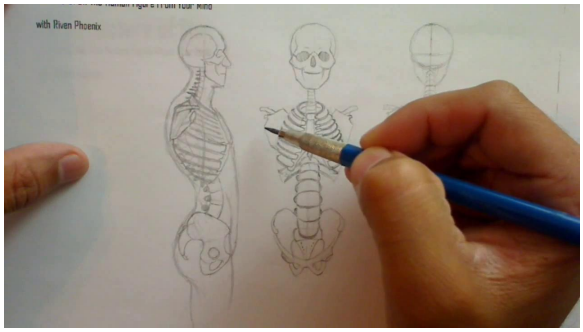
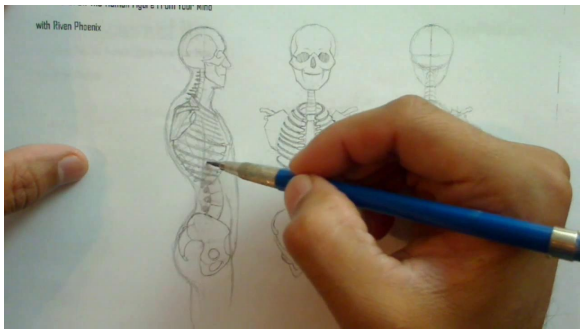
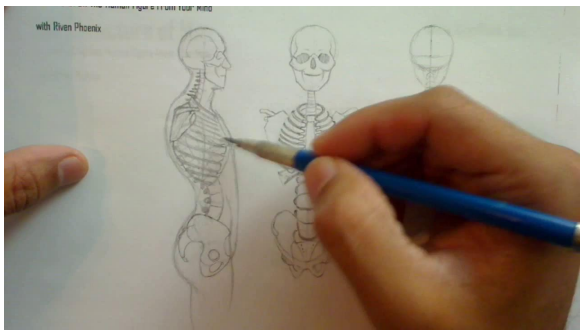
281		and your back muscles would have been going in this direction like this.
282		Okay, and then from here you'll get your line here for...
283		You'll get like this cut up muscle system over here.
284		Right, so what I'm getting at is the concept of

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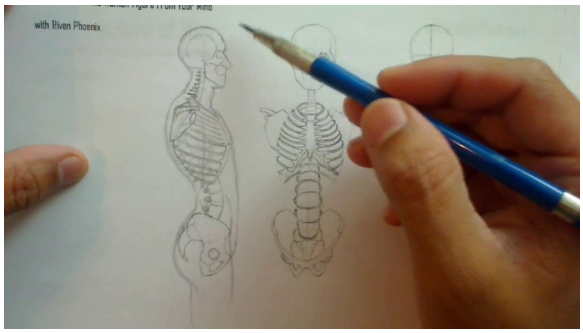
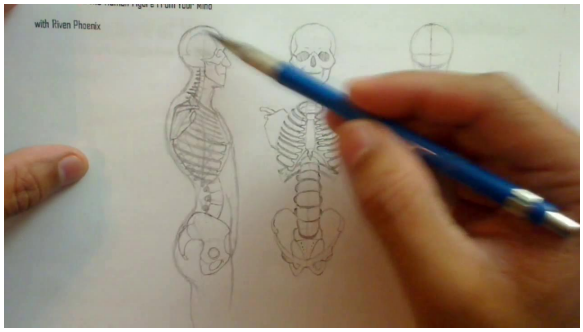
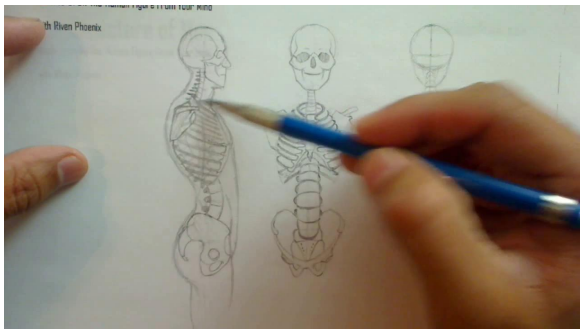
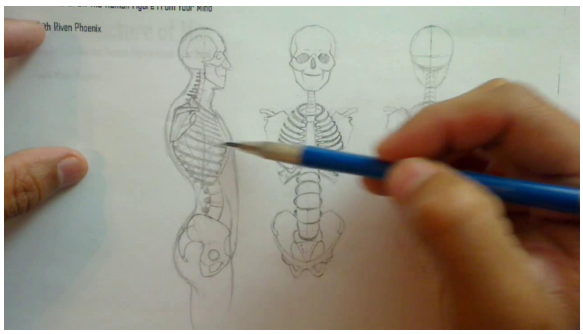
285		everything now starting to become as one form and obvious statements.
286		It's obvious that this is the structure of the human head,
287		that the neck, then when you get into the muscle system,
288		it just becomes obvious that yeah,

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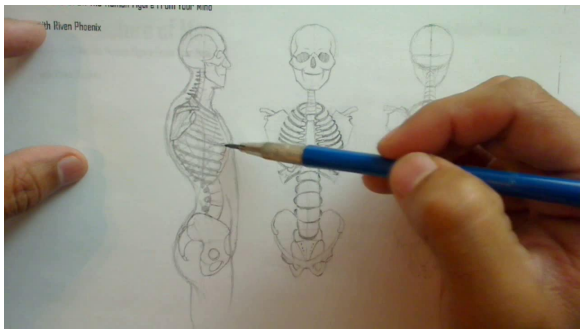
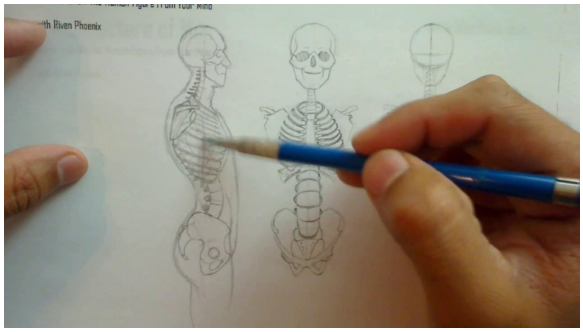
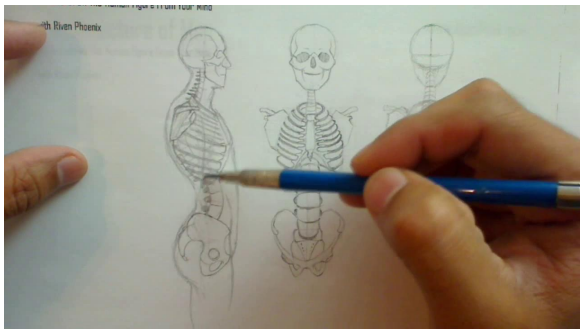
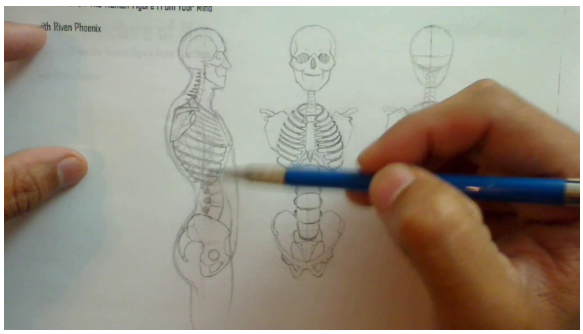
289		well, the mind gets, there's a pack muscle,
290		there's this line here for the muscle,
291		then you're going to get that junctions here,
292		then you're going to get these junctions fall over here.

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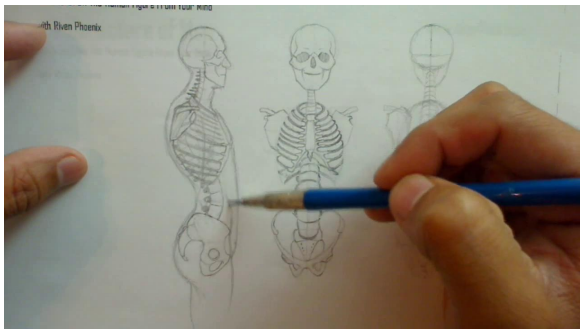
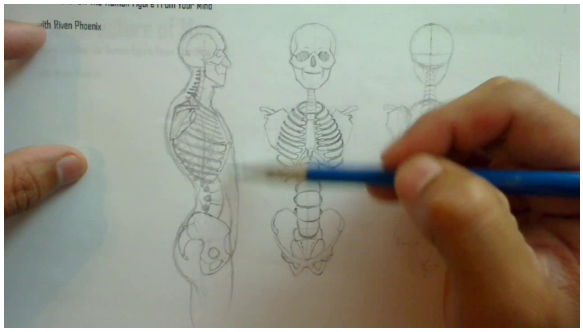
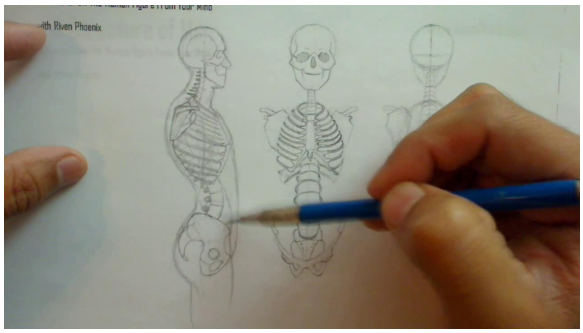
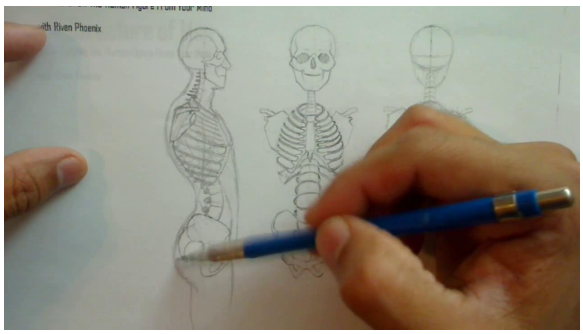
293		Right, you're going to get these muscles like this,
294		they're going to be abs, you're going to get that love handle.
295		Right, this section here is the most movable part,
296		then you're going to begin to understand the ratios.

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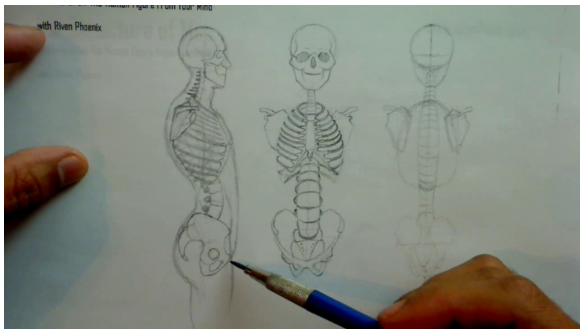
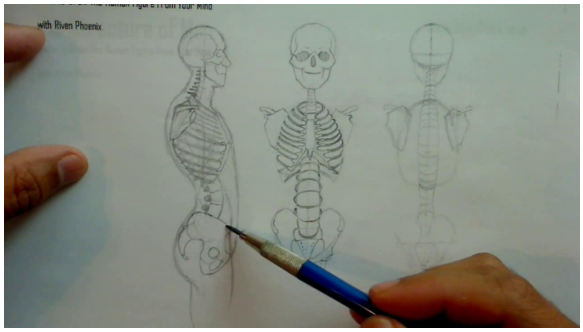
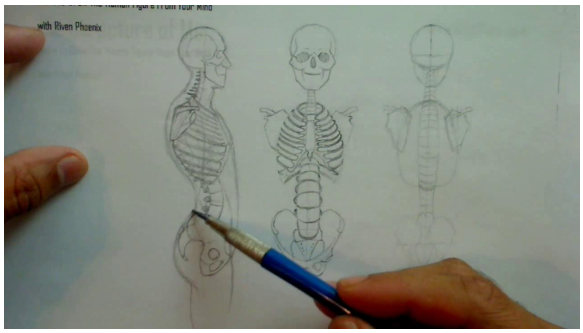
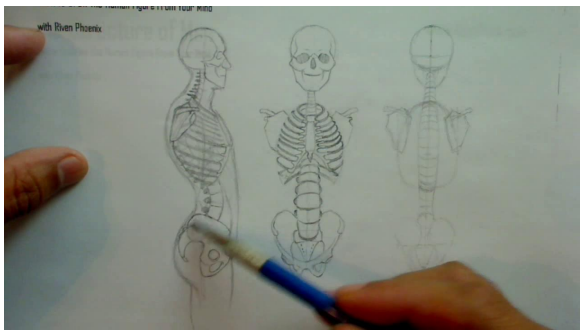
297		Right, look where this love handle is.
298		Look where the buttocks muscle is.
299		What is going on the back?
300		Right, this will help to understand when we're using a toolkit,

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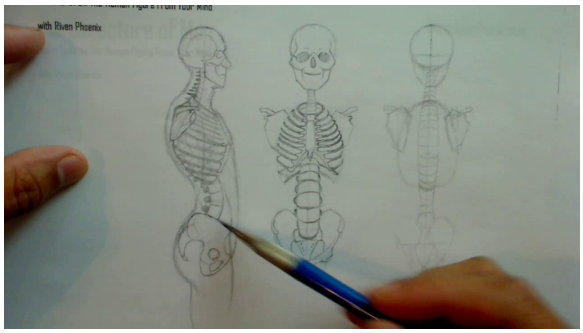
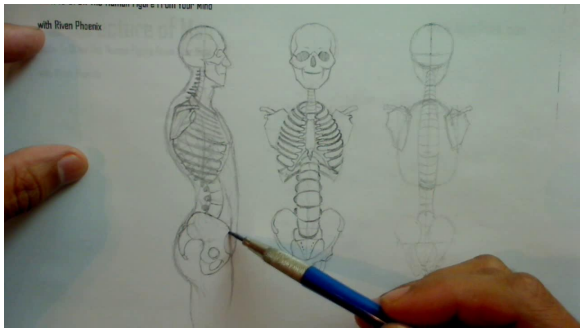
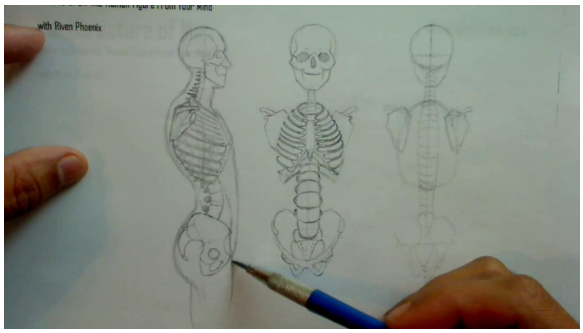
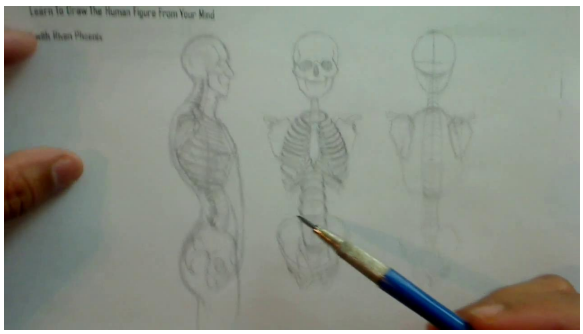
301		what exactly we need to be aware of.
302		Right, we need to be aware of this, this goes here,
303		then this is in front like this.
304		Right, so...

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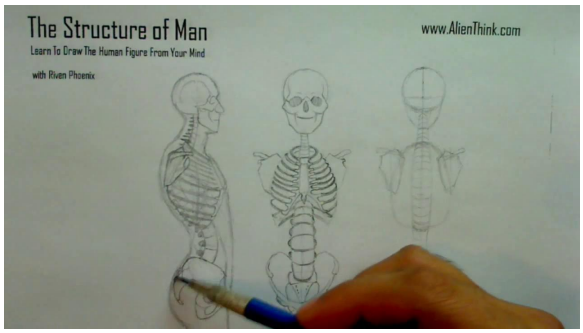
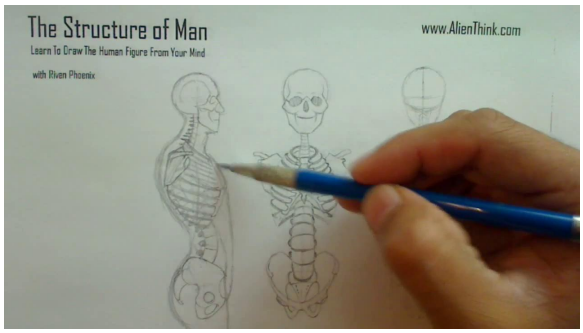
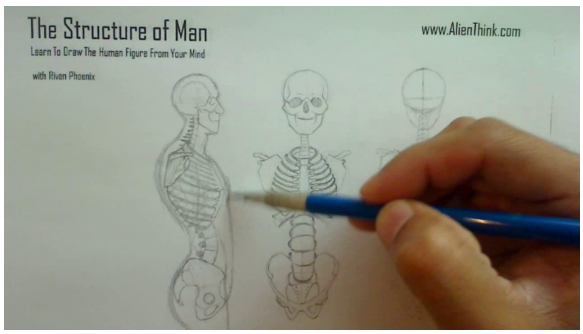
305		Right, so we can even increase the back over here,
306		muscle just to form it out,
307		the balance it out a little more,
308		but you'll get the concept that I'm showing you

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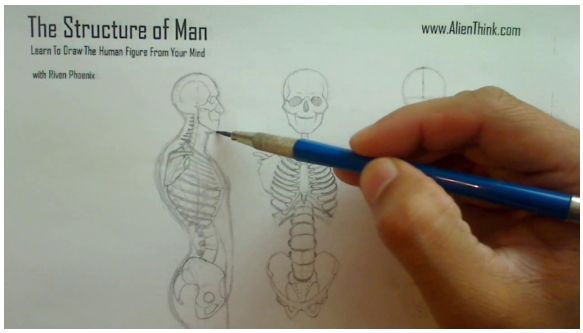
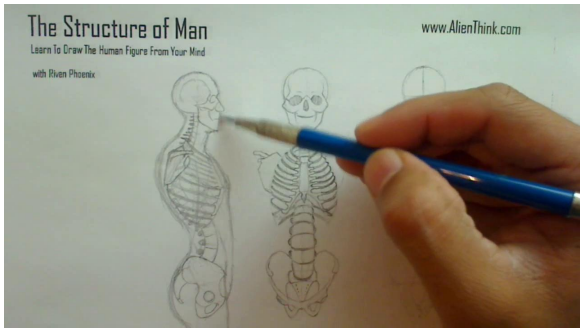
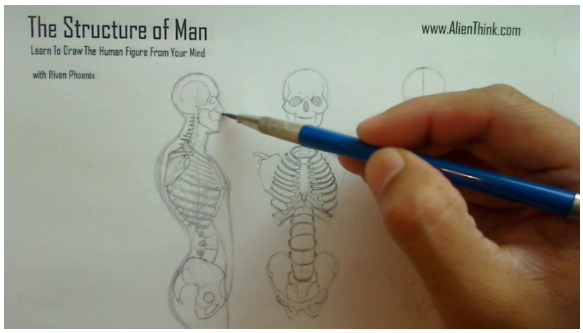
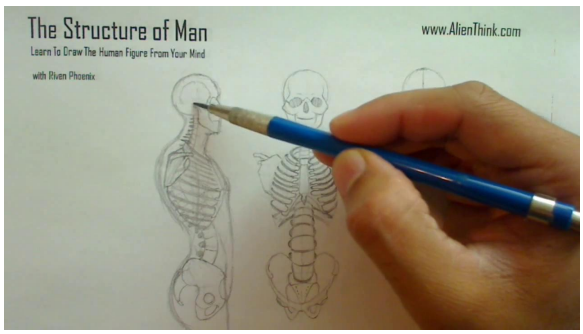
309		why it's vital to do this.
310		Right, so over here,
311		it's just going to be more muscles over here and stuff.
312		Right, and this will be the here, over here,

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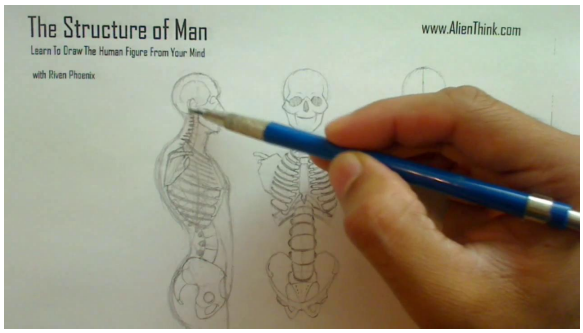
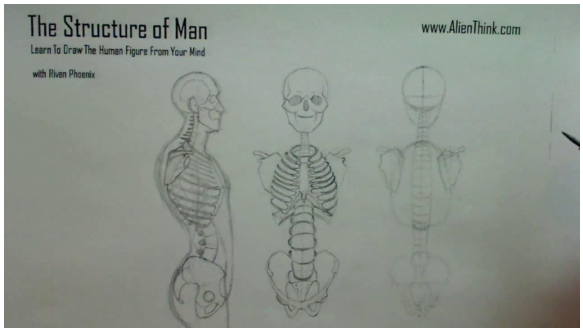
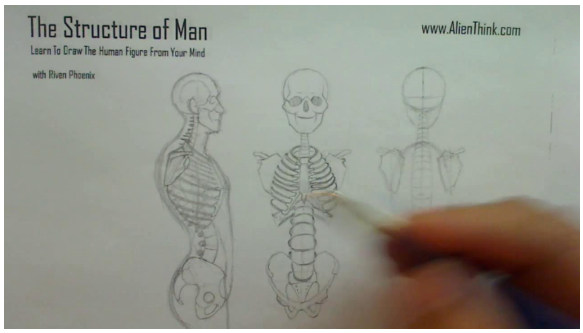
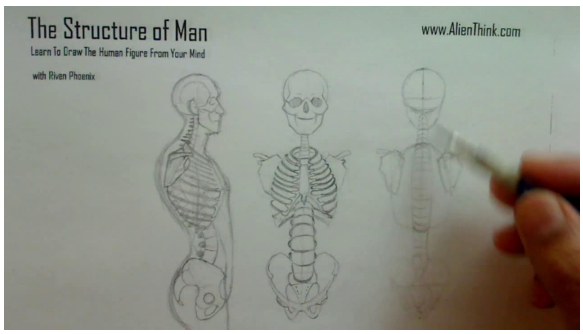
313		in this way.
314		Okay, so what I want you to do for the next lesson
315		is I want you to finish this.
316		Right, so this is a challenge that I'll lead for you

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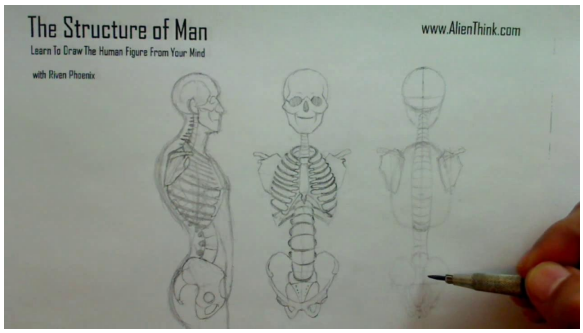
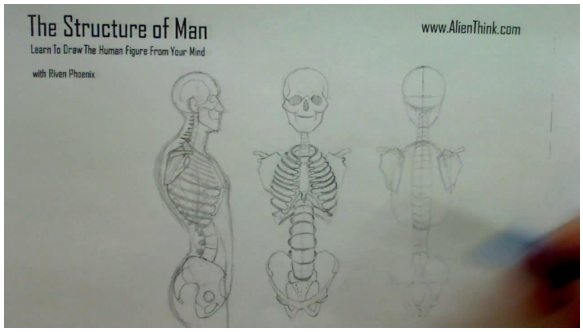
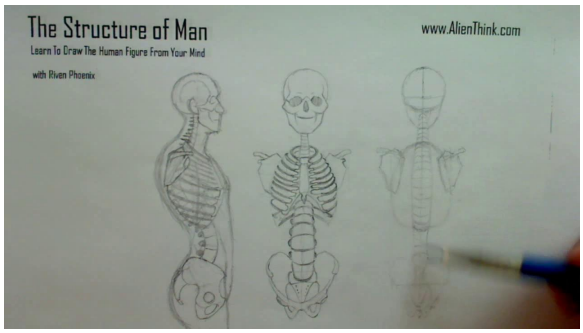
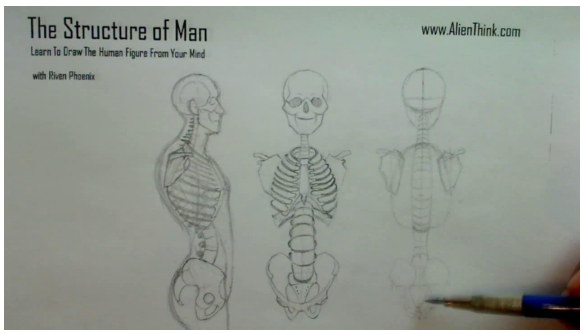
317		when we get to the next lesson where we'll get into the femur
318		is that make sure that you finish this drawing.
319		And we already sketched it out,
320		and you know what to do,

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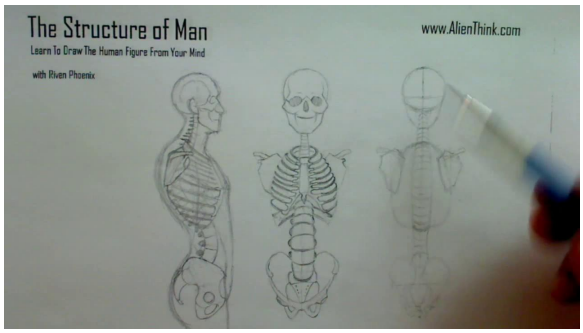
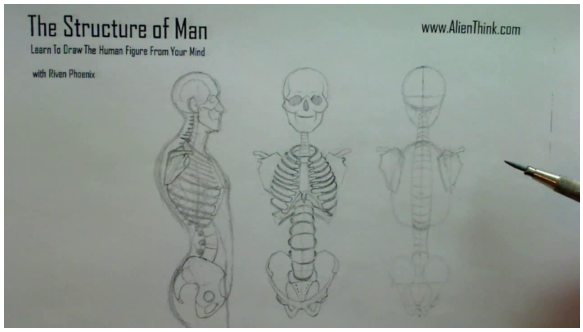
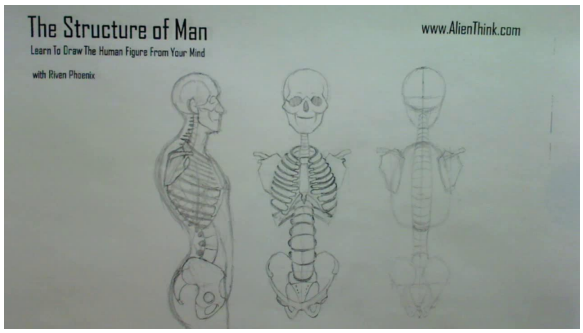
321		just erase and leave the novelies and start working through it.
322		Okay, so I'll see you in the next lesson.
323		Thanks.

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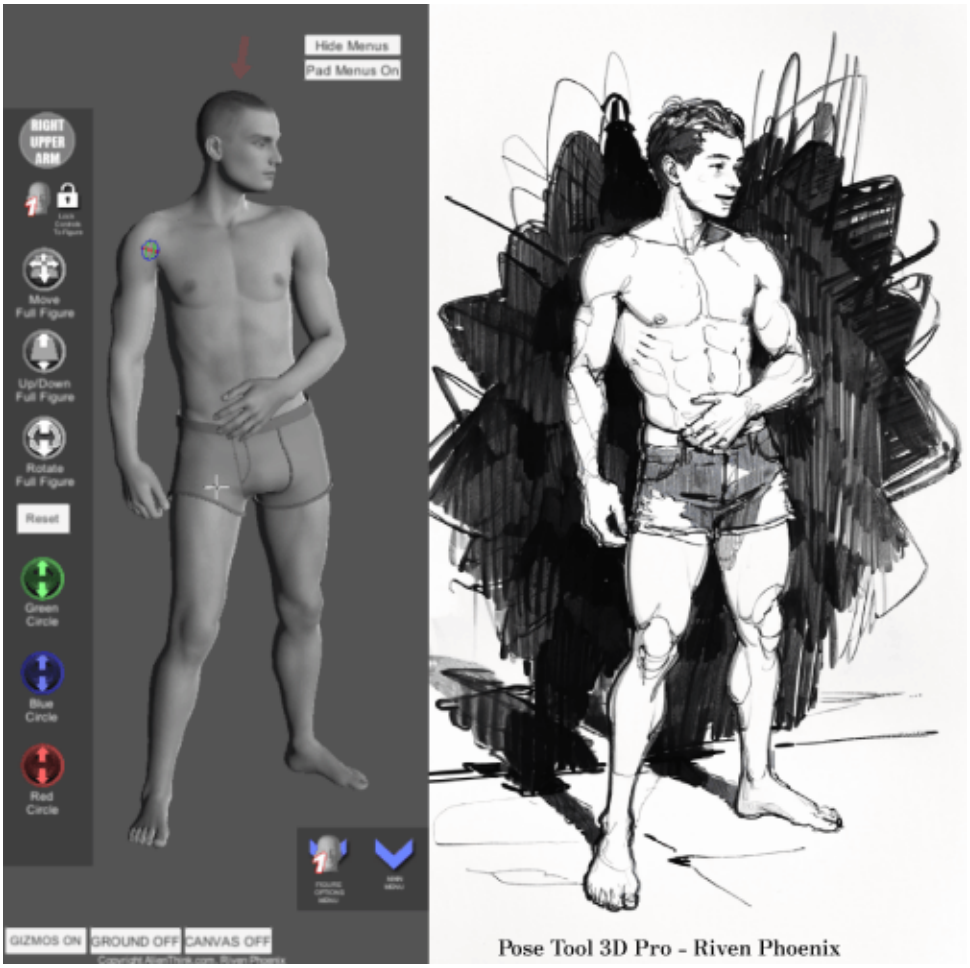

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